

Dear Prospective Wildland Fire Fighter Academy Student:

Thank you for your interest in Mendocino College's Wildland Fire Fighter Academy. The program will begin January 18, 2021. This course will offer basic, entry-level wildland firefighting training for individuals who are seeking a career with state, federal and local fire departments. Upon successful completion of the course students will receive a Cal Fire Basic Firefighter Certificate.

The course information is as follows. Please check MyMendo for details.

Location	Course	Section	Credits	Days	Hours
Howard Forest Training Room, Classroom 110	FSC 68	0058	9.0	MTWThF	TBA

A mandatory orientation will be held January 4, 2022 from 0900-1700 at the Howard Forest Conference Room.

Course Prerequisite: Must complete FSC 115 or CSTI Hazmat FRO Certification AND Confined Space Awareness and Emergency Medical Responder or Emergency Medical Technician certification prior to taking this course.

In order to enroll in this course, you must do the following:

- o Apply online at www.mendocino.edu or complete the Application for Admission (if you are a continuing student of Mendocino College and were enrolled in spring 2021 or fall 2021, this is not necessary).
- o Return proof of prerequisites, and Mendocino College Medical Clearance form to the Office of Admissions and Records or one of the registration locations listed below. Documents can be submitted by fax (707-468-3430) or scanned and emailed (registration@mendocino.edu) or in person at a registration location or Ukiah Campus.
- o Enroll and pay associated fees through MyMendo – Online registration accessible through the college website: <https://my.mendocino.edu/>

For more information, please visit our web page at www.mendocino.edu or contact Theresa Gowan at 707-467-1048 or tgowan@mendocino.edu.

For questions regarding the registration process please contact registration staff at any of the following:

Admissions and Records, Ukiah Campus: 707-468-3101 or registration@mendocino.edu

Coast Center: 707-961-2200

Lake Center: 707-263-4944

North County Center: 707-459-6224

Equipment and Uniform Requirements for FSC 68 Daily

Uniform

Navy Blue Pants Navy

Navy Blue Long Sleeve uniform shirt

Blue Crewneck T-shirt (will be provided)

Navy Blue Sweatshirt (optional)

Rain gear (optional)

Wildland Boot: (student responsibility) Heavy duty, lace-type work boots with deeply lugged soles and heels (Vibram), and leather tops at least eight inches in height. The toe of the boot should be of hard material, such as hard leather, to reduce the potential of toe injuries. Steel toes are not required but do give added protection.

Examples:

Danner Super Rain forest
Leather
Tactical Firefighter

Wesco
Jobmaster Logger Work Boots

Vib Sole Whites Black
LTT NFPA Smokejumper Wildland

Structure Gear: (If students owns must meet standards on flyer. Rental is available \$315)

Structure Gear (turnouts, suspenders, boots, gloves, hood and helmet) SCBA (Fit testing and rental will happen at mandatory orientation \$430) Wildland gloves: (student responsibility)

Shelby 500ZF Gauntlet Wildland Gloves



Mendocino College

Medical Clearance for FSC-68

To successfully pass the physical fitness portion of the Wildland Firefighting course (FSC-68), each student must complete the physical regimen test listed below.

The first 3 activities must be completed within 6 minutes and the fourth in the time specified. Please note that this form can be used *within one year of the date the form is signed off by the physician*. If you begin the course more than a year after this date, *it will be necessary to have the form completed by a physician again*.

I. Hose Drag: The recruit will run approximately 100 yards pulling 200 feet of 1-3/4 inch hose line. The recruit will then pull all hose hand-over-hand into a pile.

II. Hose Pack Carry: The recruit will pick up a 75 lb. banded hose pack and proceed up to the third floor of the tower (stepping on each step), place it down and conduct test item 3 (see below). After Test Item 3 is completed, recruit will carry same pack back down the tower.

III. Three Story Hose Hoist: The recruit will lean out the third floor window of the tower (with safety line attached to SCBA) and pull up the hose roll hand over hand (the weight of the hose is approximately 45 lbs). The top of the hose bundle must touch the bottom of window sill, then be lowered to the ground. Sliding the rope through the hands is not allowed.

IV. Cardiovascular Test: The recruit will run 1.5 miles in under 15 minutes. While not part of the physical fitness test, during the Self-contained breathing apparatus (SCBA) test, the recruit will strike an object with an 8 lb sledge hammer 20 times while wearing the SCBA.

In addition to the physical regimen test listed above, the recruit should also be able to walk, run, jump, twist, bend and lift 25 plus pounds for extended periods of time during the Wildland Firefighting course.

Your evaluation of the recruit should also take this into consideration.

Student Name (please print): _____

The above-named student is physically fit to participate in the above-described test and course; I have authorized him/her to participate in this test and course.

Print Name of Physician

Signature of Physician

Date

Please provide clinic/agency stamp below

THIS FORM VALID FOR ONE YEAR FROM DATE OF EXAMINATION