Dear Prospective Wildland Fire Fighter Academy Student:

Thank you for your interest in Mendocino College's Wildland Fire Fighter Academy. The program will begin January 21, 2020.

This course will offer basic, entry-level wildland firefighting training for individuals who are seeking a career with state, federal and local fire departments. Upon successful completion of the course students will receive a Cal Fire Basic Firefighter Certificate.

The course information is as follows. Please check WebAdvisor for details. Location Course Section Credits Days Hours CAL FIRE Willits Monday – Friday 0800-1700

# A mandatory orientation will be held January 7th and 8th from 0900-1700 in room 4210 at Mendocino College. If you do not attend you will not be allowed in the course.

Course Prerequisite: Must complete FSC 115 or CSTI Hazmat FRO Certification AND Confined Space Awareness and Emergency Medical Responder or Emergency Medical Technician certification prior to taking this course.

In order to enroll in this course you must do the following:

• Apply online at www.mendocino.edu or complete the Application for Admission (if you are a continuing student of Mendocino College and have been enrolled in one if the last 2 semesters, this is not necessary).

o Complete the Spring 2020 Prerequisite Form (attached)

• Return completed form, and proof of prerequisites, and Mendocino College Medical Clearance form to the Office of Admissions and Records or one of the registration locations listed below. Documents can be submitted by fax (707-468-3430), scanned and emailed (<u>registration@mendocino.edu</u>), or hand-delivered to any registration location.

 $\,\circ\,$  Enroll and pay associated fees through one of the following methods:

- Walk-in registration Available at the North County Center, Coast Center, Lake Center, or Ukiah Campus
- MyMendo Online registration accessible through the college website: <a href="https://my.mendocino.edu/">https://my.mendocino.edu/</a>

For more information, please visit our web page at www.mendocino.edu or contact Theresa Gowan at 707-467-1048 or tgowan@mendocino.edu.

For questions regarding the registration process please contact registration staff at any of the following:

Admissions and Records, Ukiah Campus: 707-468-3101 or registration@mendocino.edu

Coast Center: 707-961-2200

Lake Center: 707-263-4944

North County Center: 707-459-6224

## **Equipment and Uniform Requirements for FSC 68**

### **Daily Uniform**

Navy Blue Pants (Ben Davis or Dickie's as examples) Academy uniform shirt (long sleve) Navy Blue Sweatshirt (optional) Rain gear (optional)

### Wildland Boot: (student responsibility)

Students shall wear manufactured **black** hiker or logger style boots, which meet or exceed current NFPA 1977 Standard on Protective Clothing and Equipment for Wildland Firefighters.

#### Examples:

Danner - Wildland Tactical Firefighter White's- Smokejumper Style #400V Drew's- Linecutter II Style #DRA110V Hathorn- Smokejumper Style #110V

#### Structure Gear (turnouts, suspenders, boots, gloves, hood and helmet)

If students own, must meet standards on flyer and be inspected on the day of orientation. Rental is available \$375 (see attached flyer)

#### <u>SCBA</u>

Scott SCBAs will be provided for those who do not have them.

If student has their own SCBA it must be a Scott and be inspected at the orientation.

#### Wildland gloves: (student responsibility)

Shelby 500ZF Gauntlet Wildland Gloves (LN Curtis Sales Rep will be at orientation to size gloves if needed)

### <u>Textbook</u>

Jones and Bartlett, Fundamentals for Fire Fighter Skills: Enhanced Third Edition (\$136.46).

Please contact Theresa Gowan for more information about the textbook: 707-467-1048 or tgowan@mendocino.edu



# TURNOUT GEAR RENTAL INFORMATION

# Mendocino College Wildland Fire Fighter Academy

TurnoutRental is pleased to offer a complete turnout gear rental ensemble to students enrolled in Mendocino College's Wildland Fire Fighter Academy. The ensemble includes all of the structural firefighting equipment you'll need for your training.

Turnout Gear Rental Ensemble includes:

- Bunker Coat & Pants with Suspenders
- Fire Helmet w/Goggles
- Fire Boots
- Fire Gloves (cadet retains) USED
- Nomex Hood (cadet retains) USED
- Leather Work Gloves, Safety Glasses and Ear Plugs (cadet retains)
- Gear Bag

## All gear is compliant with NFPA 1971 and NFPA 1851.

Order securely online at <u>www.TurnoutRental.com</u>. Use School Code **MENDOCINO** to receive a discount off the gear rental and to have the refundable security deposit waived. To order over the phone call us at (866) 887 6688. *Orders should be placed as early as possible to ensure availability*.

Have questions? Need help measuring? Please visit our website for answers to frequently asked questions, email us at <u>info@turnoutrental.com</u> or call us at (866) 887 6688.



## **Measuring Instructions**

	Cadet: _		
	Height:		_Weight:
MEASUREMENT (begin at center of back of neck, fol- low diagram and instructions, end midway between wrist bone and knuckles)		MALE	D FEMALE
<b>F</b> ill			

**IMPORTANT:** Turnout Gear sizes differ from street clothes. Extra care in measuring is needed to assure accurate fit. PLEASE USE ACTUAL MEASUREMENTS AS INDICATED BELOW.

- Do not take your own measurements.
- Stand straight but relaxed, feet about 12" apart.
- Wear identical clothing and accessories that will be worn under turnout gear.
- Use a high quality non-stretch tape, holding it straight and snug so that it lies smooth without indenting the body. Be sure you start with low end of numbers.

**A. Chest** – Take and hold a deep breath; measure under arms and around fullest part of chest (bust). Chest: \_\_\_\_\_

**B. Sleeve** – Bend elbow and hook thumb under belt buckle, and, beginning at center of back of neck, measure across top of shoulders, around point of elbow to midpoint from wrist bone to knuckles. Sleeve: \_\_\_\_\_

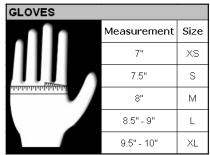
**D. Waist** – Measure loosely over belt. Be sure tools (knives, belt buckles, beepers, etc.) are taken into consideration when applicable. Waist: \_\_\_\_\_

E. Inseam – Wearing normal station wear, measure from crotch inner seam to ankle bone. Inseam: \_\_\_\_\_

F. Hips	(Women Only) - Measure around fullest part
of hips.	Hips:

Gloves – Refer to sizing chart. Gloves: \_\_\_\_\_

Boots – Sized to fit like street shoes. Boots: \_\_\_\_\_



#### MENDOCINO COLLEGE PREREQUISITE COURSE EQUIVALENCY FORM

Name:	Colleague ID or Last Four Digits of SSN:	
Mailing Address:	Email Address:	
City, State, Zip:	Telephone #:	

This form is used when a student believes a course or placement test completed at another college or high school meets the pre/co-requisite for a Mendocino College course in which s/he wishes to enroll. This partial evaluation is for pre/co-requisite completion *only*. If you wish to have the proposed substitute course applied as credit to your Mendocino College transcript, you must also submit the Request for Transfer Work Evaluation form and official transcripts. If you wish to challenge the pre/co-requisite on other grounds as identified in the college catalog, please submit a Prerequisite Challenge form.

- **Step 1**: Submit this completed form along with legible documentation that indicates you have satisfied the prerequisite at another institution. Documentation may take the form of:
  - · an official or unofficial transcript
  - · a report card
  - placement scores/course recommendations (CPT, MDTP, or LOEP completed within the last 4 years)

These documents must include identifying information (ex. student's name, date of birth, last four digits of ssn, mailing address, etc.) and the name of the school. **THIS FORM WILL NOT BE PROCESSED WITHOUT DOCUMENTATION**.

**Step 2**: Submit the completed form and documentation to Admissions & Records (transcript/report card) or the Learning Center (placement scores).

Submissions to Admissions & Records can be made by mail, fax (707-468-3430), or hand-carried to the Ukiah Campus, Lakeport Center or Willits Center.

Submissions to the Learning Center can be made by fax (707-467-1046), or hand-carried to the Ukiah Campus, Room 770. Please note you will also need to complete several background questions, located on the back of this form, so that required multiple measures can be determined. Please contact the Learning Center directly (707-468-3046) for more information.

Step 3: Complete packets will be processed within 3 business days. Incomplete packets will be returned to the student.

Form submitted for: Fall Spring Summer 20\_\_\_

I have satisfied the prerequisite(s) for the following course(s):

MC Course	Prerequisite/Co-	College/HS Where	Prerequisite Course	Semester & Year	Final Grade Received
(to enroll in)	Requisite Course	Prerequisite Course	(from other	Completed	
	Name & Number	Completed	College/HS)		

Student Signature

Date

For Department Use Only:					
Transcript Reflects 'C' or better grade:	Catalog Description Verified:	Pre/Co-requisite Satisfied:	Denied:	Evaluator Initials:	Date:

#### **BACKGROUND QUESTIONS**

What is your approximate high school grade point average?

- A I did not attend high school
- B 0.0-0.9
- C 1.0-1.4
- D 1.5-1.9
- E 2.0-2.4
- F 2.5-2.9
- G 3.0-3.4
- H 3.5-4.0

What was your last Math class?

- A None
- B Basic Algebra
- C Algebra I
- D Algebra II
- E Geometry
- F Trigonometry
- G College Algebra/Pre-Calculus
- H Calculus

How long ago did you complete your last Math class?

- A Less than one year
- B One to two years
- C Three years or more
- D Unsure

How long have you been out of high school?

- A I did not attend high school
- B 0-1 year
- C 2-5 years
- D more than 5 years



**Mendocino College** 

## **Medical Clearance for FSC-68**

To successfully pass the physical fitness portion of the Wildland Firefighting course (FSC-68), each student must complete the physical regimen test listed below.

The first 3 activities must be completed within 6 minutes and the fourth in the time specified. Please note that this form can be used *within one year of the date the form is signed off by the physician.* If you begin the course more than a year after this date, *it will be necessary to have the form completed by a physician again.* 

I. Hose Drag: The recruit will run approximately 100 yards pulling 200 feet of 1-3/4 inch hose line. The recruit will then pull all hose hand-over-hand into a pile.

II. Hose Pack Carry: The recruit will pick up a 75 lb. banded hose pack and proceed up to the third floor of the tower (stepping on each step), place it down and conduct test item 3 (see below). After Test Item 3 is completed, recruit will carry same pack back down the tower.

III. Three Story Hose Hoist: The recruit will lean out the third floor window of the tower (with safety line attached to SCBA) and pull up the hose roll hand over hand (the weight of the hose is approximately 45 lbs). The top of the hose bundle must touch the bottom of window sill, then be lowered to the ground. Sliding the rope through the hands is not allowed.

IV. Cardiovascular Test: The recruit will run 1.5 miles in under 15 minutes. While not part of the physical fitness test, during the Self-contained breathing apparatus (SCBA) test, the recruit will strike an object with an 8 lb sledge hammer 20 times while wearing the SCBA.

In addition to the physical regimen test listed above, the recruit should also be able to walk, run, jump, twist, bend and lift 25 plus pounds for extended periods of time during the Wildland Firefighting course.

Your evaluation of the recruit should also take this into consideration.

Student Name (please print):\_\_\_

The above-named student is physically fit to participate in the above-described test and course; I have authorized him/her to participate in this test and course.

Print Name of Physician

Signature of Physician

Date

Please provide clinic/agency stamp below

THIS FORM VALID FOR ONE YEAR FROM DATE OF EXAMINATION