



# **Mendocino College**

## **Course Outline of Record**

**AOD 151**

**ORIGINAL:** 12/08/1998  
**CC APPROVAL:**  
**EFFECTIVE TERM:** Fall 2005

### **SECTION I**

**SUBJECT AREA AND COURSE NUMBER:** AOD 151

**COURSE TITLE:** Alcohol and Other Drugs: Overview

**Min Units:** Credit course for grade or Pass/No Pass

#### **CATALOG COURSE DESCRIPTION:**

An overview of the historical and contemporary role of psychoactive drugs (including alcohol) in society, emphasizing the physical, social, and emotional consequences of their use and abuse within a general theoretical framework. Topics include the myths, stereotypes, and socio-cultural factors that contribute to the use of alcohol and other drugs, pattern and progression of addiction, prevention and treatment, public policy, community resources, needs of special groups, and special populations. Course may not meet major requirements at transfer institutions. See your counselor for more information.

#### **REQUISITES:**

#### **TRANSFER APPLICABILITY:**

**TOTAL LECTURE HOURS:** 3.00 **TOTAL LAB HOURS:** 0

## **SECTION II**

### **1. COURSE OUTLINE AND SCOPE:**

#### **Objectives:**

*Upon successful completion of the course the student will be able to:*

1. Discuss alcoholism and other chemical dependencies, and their relationship to the general health of the individual and community from a holistic perspective.
2. Recognize the various stages in the etiology of chemical dependency.
3. Identify the role played by historical, physical and psychosocial factors in people's relationship with psychoactive substances.
4. Describe special issues in dealing with substance abuse among specific populations of high risk groups with special concerns, or problems unique to those populations.
5. Distinguish between various prevention treatment models.
6. Identify and discuss various factors involved in forming public attitudes, as they influence substance abuse treatment and prevention policies and practices.
7. Describe the continuum of services or resources available to people experiencing the problems of substance abuse or dependency including professional as well as peer support services.
8. Compare and contrast the most abused psychoactive substance in society

#### **Topics and Scope:**

1. History, policies and common beliefs related to substance abuse and dependency in the United States
  - a. Historic psychoactive substance use patterns and prevalence rates.
  - b. Traditional, ceremonial and religious use of psychoactive substances
  - c. Evolution of Public policy and social perception
  1. Media influences
  2. Economic Factors
  - d. Evolution of drug control
  1. Temperance movements
  2. Prohibition movements
  3. Legislation and its effects (including interdiction practices)
  2. Drug Abuse
    - a. Classifications
    1. Depressants
    2. Stimulants
    3. Hallucinogens
    4. Drug Enforcement Agency's Schedule of Controlled Substances
    - b. Neurological actions
    1. Nervous system overview
    2. Neuron structure and function
    3. Neurotransmitters and their relationship to psychoactive substances
    - c. Health risks associated with substance abuse
    3. Prevention of Alcohol and Other Drug (AOD) use
      - a. Risk and protective factors related to AOD use
      - b. Prevention theory and practices
      1. Federal Center for Substance Abuse Prevention strategies
      2. Local AOD prevention efforts
      3. Common AOD prevention settings
      4. Drug Use Progression
        - a. Initial and recreational use
        - b. Misuse
        - c. Abuse
        - d. Addiction
        - e. Dependency
      5. AOD Abuse and Dependency Theories
        - a. Neurobiological/Medical
        - b. Psychodynamic
        - c. Social
        - d. Moral/Legal
        - e. DSM-IV diagnostic criteria for abuse and dependence
      6. Continuum of care and treatment in recovery
        - a. Early Intervention Programs
        1. Driving Under the Influence (DUI) programs
        2. PC 1000 Programs
        3. Formal and informal intervention practices
        4. Employee Assistance Programs (EAPs)
        5. Harm reduction theory and practices
        - b. Medical model
          1. Detoxification practices
          2. Drug replacement therapies
        - c. Social model
          1. Evolution of social model programs
          2. Inpatient and outpatient programs
          - d. Self-help Support Programs
          1. Twelve-step Program
          2. Rational Recovery
          3. SMART Recovery
          - e. Individual, couple and family-focused interventions and treatments
          - f. Ancillary and supportive agencies and services
          - g. Client referral or placement considerations
      7. Special populations
        - a. Distinguishing characteristics
        1. Racial and ethnic groups
        2. Age-related groups
        3. Gender groups
        4. High-risk occupations
        5. Prescription drug users
        - b. Etiological factors and prevalence rates
        - c. Public policy and interdiction
        - d. Prevention, intervention and treatment considerations
        8. Employment potential in the AOD field
          - a. Employment settings and entry-level job descriptions
          - b. Further training and education
          - c. Professional certifications

READING ASSIGNMENTS: Students are required to read and study the assigned chapters in the textbook and other selected reading in journals and handouts. WRITING ASSIGNMENTS: 1. At least 3 short essays, as assigned (e.g. "compare and contrast 4 theories of addiction"). 2. Written responses to reading assignments. 3. One small group project, resulting in a 12-15 page paper, addressing a specific drug, its history, prevalence, neurological action, and applicable prevention, intervention and treatment strategies. OUTSIDE ASSIGNMENTS: 1. Reading assignments as indicated in course syllabus 2. Completion of group project, as indicated in "Writing Assignments"

#### **Student Learning Outcomes:**

#### **METHODS OF EVALUATION:**

A student's grade will be based on .

#### **METHODS OF INSTRUCTION:**

Methods of instruction may include, but are not limited to: lecture , other/unspecified method of instruction .

**BASIS FOR GRADING:**

The assignment of a grade is based on the level of achievement of the outcomes and objectives of the course outline and is reflected in quantifiable terms in the course syllabus.

**REPRESENTATIVE TEXTBOOKS:**

1. Ray, Ksir, Drugs, Society and Human Behavior, most recent Ed. McGraw-Hill. 0

**OTHER SUPPLIES:****RATIONALE:****DATA ELEMENTS:**

**Auditable:** N

**Basic Skills:** Not Basic Skills

**Classification:**

**Credit by Exam:** No

**Distance Ed Approved:**

**Material Fee (Max):**

**Level below transfer:** 4 Levels Below

**Non-credit category:** Not Applicable

**Open entry/ exit:** N – Not open entry/exit

**PACS Activity:**

**Repeatable:** No

**Requires Instructor Signature:**

**Special Topic:** Not a selected topic course

**SAM Classification:**

**TOP Code:** 210440 – ALCOHOL AND CONTROLLED SU

**Special class (DSPS):**

**ORIGINATOR:** Daniel Jenkins

**SUBMISSION DATE:**