

March 2026



THE EAGLE NEWSLETTER

Bringing Campus Life to Your Inbox

Rumors by Neil Simon



MARCH 5 - 15, 2026

WHAT'S INSIDE...

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FIRST-EVER NATIVE AMERICAN
LANGUAGE COURSE LAUNCHES
SPRING INTO WELLNESS

MANDATORY TITLE X TRAINING
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VOCATIONAL NURSING PROGRAM
AI TOOL WORKSHOPS, & MORE!

NEWS & EVENTS

MENDOMERCH

OFFICIAL MENDOCINO COLLEGE GEAR



SHOP NOW

USE SPRING2026 FOR 10% OFF

UPCOMING EVENTS

Circle of Support | Every Tuesday

Pride Social | Every Tuesday

Weaving Wednesday | Every Wednesday

Produce Wednesdays | Every Wednesday

Groove Moai | Every Wednesday

Disc Golf Moai | Every Thursday

Regalia Workshop | Every Thursday

Don't Disturb This Groove | Feb. 19 - March 23

Rumors by Neil Simon | March 5-15

FAFSA-Dream Act Application Workshop | March 10, 17 & 24

Career Networking Fair | March 19

Sonoma State University Tabling | 3/24, 4/14, 5/12

Firefighter Academy Graduation | April 10

Ukiah Symphony Orchestra Concert | April 11 & 12

College & Career Day - North County Center | April 23

MORE EVENTS LISTED ONLINE:

www.mendocino.edu/events



ATHLETICS DROP-IN COUNSELING

Wednesdays & Thursdays

10:00 AM-12:00 PM










PE/Athletics Building, Room 860,

Ukiah Campus

CLASS PLANNING | REFERRALS
ACADEMIC CHECK-INS | TRANSFER Q'S
MAJOR & CAREER EXPLORATION



MEN'S BASEBALL

	Mar 05 (Thu) 2:00 PM PST VS SOLANO
	Mar 06 (Fri) 1:00 PM PST AT LOS MEDANOS
	Mar 10 (Tue) 2:00 PM PDT AT LANEY *
	Mar 12 (Thu) 2:00 PM PDT VS LANEY *
	Mar 14 (Sat) 1:00 PM PDT AT LANEY *
	Mar 17 (Tue) 2:00 PM PDT VS NAPA VALLEY *
	Mar 19 (Thu) 2:00 PM PDT AT NAPA VALLEY *
	Mar 21 (Sat) 1:00 PM PDT VS NAPA VALLEY *
	Mar 24 (Tue) 2:00 PM PDT AT YUBA *

New Vocational Nursing Program Coming to Mendo

Mendocino College is launching a new Vocational Nursing (VN) program at the Ukiah Campus, expanding local access to in-demand healthcare careers. The program—transitioning from Ukiah Adult School—**cuts student costs nearly in half** while maintaining the high standards the community depends on.

Applications are open until March 13, with the first cohort beginning in August 2026. All applicants must attend a mandatory pre-application workshop offered on March 6, 2026. This workshop is paired with an RN program session so students can explore both pathways.

The full-time, three-semester program includes classroom instruction and hands-on clinical training, preparing graduates to work in hospitals, clinics, long-term care facilities, and other essential healthcare settings. Estimated total program cost—including tuition, books, supplies, and licensing fees—is approximately \$6,022.

Admission is determined by lottery, and applicants must have a high school diploma or college degree and submit TEAS Version 7 scores with a minimum total score of 54%. Additional lottery points may be awarded for academic achievement, healthcare credentials, county residency, veteran status, or prior alternate status.

The VN and RN programs are expected to move into a new, state-of-the-art Allied Health Building beginning construction in 2027.

Workshop registration and application details are available at:

www.mendocino.edu/LVN 

LET'S GO MENDO!

Event details can be viewed on the [Athletics webpage](#).



NEWS

GROOVE MOAI

EVERY WEDNESDAY
2:30-3:00 PM
 MacMillan Hall #1060

Connect & support your well-being through dance. No experience needed.



Financial Aid Application Workshops



SPRING WELLNESS EVENTS

Pause, Connect, Thrive

Mendocino College Health & Wellness is offering a full slate of activities this spring to support student well-being. For the latest updates, [visit the Health & Wellness webpage](#) and check the Wellness Events tab anytime.

Upcoming Events

Circle of Support

Tuesdays • 5:30-6:30 PM • Library Conf. Rm 4232
 Most sessions available on Zoom!


Groove Moai

Wednesdays • 2:30 PM • McMillan Hall, Rm. 1060

Disc Golf Moai

Thursdays • 3:00 PM • Ukiah Campus Course
 Disc donations welcome at the Eagle Support Center.

Spring Blood Drive – Vitalant


Tuesday, March 10 • 10:00 AM-1:30 PM
 Bloodmobile by the Red Barn
[Sign up to donate blood here.](#) 

GET HELP COMPLETING YOUR FAFSA OR DREAM ACT APPLICATION

Need a little support finishing your financial aid application? Mendocino College is offering drop-in FAFSA and Dream Act workshops throughout March. Staff will be available to answer questions, walk you through the application, and help make sure everything is submitted correctly.

March Workshop Dates

- **Tuesday, March 10: Ukiah Campus,** MacMillan Hall, Room 1280
- **Tuesday, March 17: Lake Center,** Room 7110
- **Tuesday, March 24: North County Center** Room 8010 or Learning Commons

These workshops are open to all students – just stop by during the session hours to get the help you need. 



BLOOD DRIVE
Tuesday, March 10
 10:00 am – 1:30 pm
 Red Barn, Ukiah Campus



MENDOCINO COLLEGE LAUNCHES FIRST-EVER NORTHERN POMO LANGUAGE COURSE

Mendo has officially launched its first Native American language course: a credit-bearing **Northern Pomo class taught by Lori Laiwa Thomas**, Department Chair of Ethnic Studies. This is a meaningful milestone for the College and for Mendocino County, offering the region's only opportunity for adult learners to study Northern Pomo at the college level.


Interest has been strong from the start. The course enrolled **41 students**, including local tribal leaders, elders, Mendocino College faculty, and community members. The mix of ages and backgrounds reflects the language's ongoing vitality and the deep commitment to cultural and linguistic revitalization throughout the county.

Northern Pomo is one of seven Pomoan languages traditionally spoken across Mendocino County, including the communities of Coyote Valley, Pinoleville, Redwood Valley, Potter Valley, Guidiville, Sherwood Valley, and the coastal and inland areas of Fort Bragg and Boonville. For generations, these languages faced significant decline due to federal assimilation policies, including the Indian boarding school system, which disrupted the transmission of Indigenous knowledge and linguistic heritage. Bringing Northern Pomo into a college classroom helps support long-term revitalization efforts and reaffirms that Indigenous languages have a central place in today's educational landscape.

The new course also builds on the five-year Northern Pomo program at Ukiah High School, expanding opportunities for students who want to continue their language learning after graduation. Instructor Lori Laiwa Thomas brings more than twenty years of experience in Pomoan language revitalization and worked closely with Cathy O'Connor, Professor Emerita at Boston University, to align the curriculum with existing Northern Pomo linguistic resources. These include a robust online dictionary and text archive originally created with elder speakers **Edna Campbell Guerrero** and **Eleanor Stevenson Gonzales**—materials that students now learn from directly.

The course is **UC/CSU transferable**, and the goal is to offer it each semester so students can continue building their language skills over time. By centering Native instruction, community collaboration, and intergenerational participation, the class supports both academic growth and cultural continuity.

More Information:

Contact Lori Laiwa Thomas at ltomas@mendocino.edu. 

TECH

NEED TECH HELP? THE 24/7 SUPPORT BOT HAS YOU COVERED

Locked out of your account? Wi-Fi acting up? The Mendocino College Tech Support Bot is the fastest way to get help, anytime, day or night. It can walk you through common issues like password resets, Wi-Fi setup, Google account conflicts, and login problems for Canvas, MyMendo, and other systems.

Most students get answers in minutes, and if the bot can't solve it, it automatically creates a Help Desk ticket for you.


Why use the bot first?

- Available 24/7, including nights & weekends
- Step-by-step guidance tailored to your issue
- Updated regularly & supports six languages

Want to try the bot?

Phone: 707-468-3210

Email: support@mendocino.arkproject.com

If something goes wrong, start with the Tech Support Bot – it's the quickest way to get back on track. 



LEARN HOW TO USE AI TOOLS


Director of Information Technology Dave Johnston and **Head Librarian Robert Parmenter** are offering student-focused workshops on using AI tools effectively, ethically, and with confidence. These sessions will cover practical skills you can use right away in your classes.

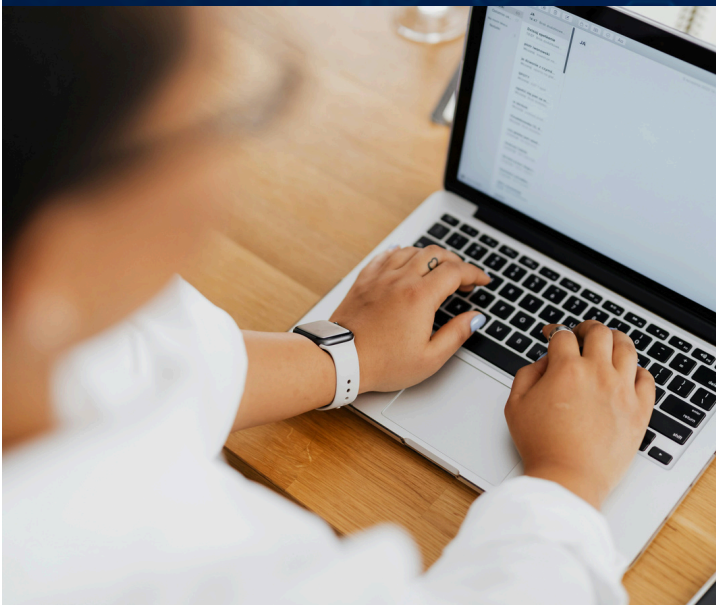
What You'll Learn

- How to use tools like ChatGPT, Microsoft Copilot, and Notebook LM
- How to write smarter prompts (beyond "do my homework")
- When it's appropriate to use AI for coursework – and when it isn't
- How to cite AI-generated content in your papers
- Ethical & effective strategies for academic use

Session Dates

- Thursday, March 19 at 12:00 PM via Zoom
- Wednesday, April 29 at 12:00 pm via Zoom

Students are welcome to join either session or attend both for a deeper dive. 



Rumors

by Neil Simon



NEIL SIMON'S RUMORS OPENS

The Mendocino College Theatre Arts Department invites you to enjoy *Rumors*, a fast-paced comedy by Neil Simon, **directed by Lucas Verbrugge**, showing at the college's Center Theatre this March.


It's the 10th wedding anniversary party for the Deputy Mayor of New York City—but when guests arrive to find the host incapacitated, his wife missing, and the household staff nowhere in sight, the evening unravels into a chaotic tangle of cover-ups, confusion, and outrageous lies. Watch eight friends scramble to protect their host's reputation—and their own—as the truth becomes harder and harder to hide.

Performance Schedule

- Thu., March 5 • 7:30 PM — *Pay-What-You-Wish Preview*
- Fri., March 6 • 7:30 PM — *Gala Opening Night*
(includes food & wine)
- Sat., March 7 • 7:30 PM
- Thu., March 12 • 7:30 PM — *Discount Night - \$10 tickets*
- Fri., March 13 • 7:30 PM
- Sat., March 14 • 7:30 PM
- Sun., March 15 • 2:00 PM — *Matinee*

Tickets

General Admission: \$20
Students & Seniors: \$15

Advance tickets available at the Mendocino Book Company in Ukiah (cash only) and online at www.ArtsMendocino.org beginning two weeks before opening night. 

ARTS


CHECK OUT "DON'T DISTURB THIS GROOVE" AT THE COLLEGE GALLERY

Looking for some creative inspiration? The Mendocino College Gallery is hosting *Don't Disturb This Groove*, a vibrant group exhibition featuring faculty, staff, and alumni artists from **Cal Poly Humboldt**. The show highlights bold color, personal storytelling, and the unique influence of the Humboldt landscape. It's a great chance to see how artists across generations explore their ideas and creative process.

Gallery Hours

- Tues & Thurs: 12:30-3:30 PM
- Wed: 10:30-1:30 PM
- and by appointment.

The gallery is also open during most Center Theater performances.

Swing by, bring a friend, and enjoy some inspiring artwork on campus! 

DON'T DISTURB THIS GROOVE: CAL POLY HUMBOLDT PAINTERS

FEB 19 - MAR 23

**GINA TUZZI
ELISEO CASIANO
& SELECT STUDENT WORK**



CALL FOR WORK!

SUBMIT YOUR ARTWORK TO THE ANNUAL STUDENT SHOW

The Mendocino College Gallery is now accepting submissions for the **2026 Annual Student Show**, and all Mendocino College students are invited to participate. You can submit one to three pieces in any medium, as long as the work was completed within the last three years. Every student who submits will have at least one piece included in the show.

Submission Details


Ukiah students can drop off their work at the Gallery on:

- Tuesday, March 24, 12:30-3:30 PM
- Wednesday, March 25, 10:30-1:30 PM
- Thursday, March 26, 12:30-3:30 PM & 5-7 PM

Students from the Coast Center, North County Center, Lake Center, and the Krenov School may submit work in person or digitally by Tuesday, March 24. Digital submissions must be sent to galler@mendocino.edu.

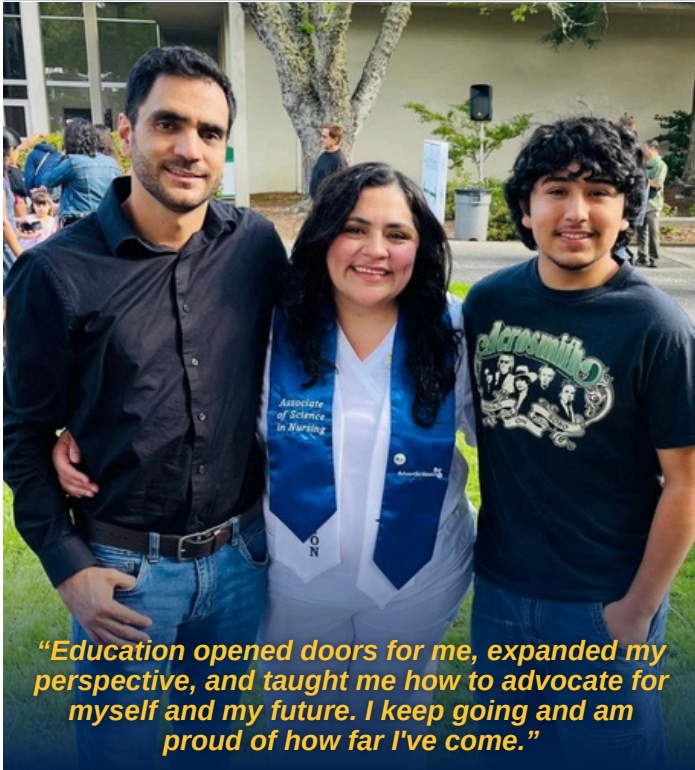
All 2-D artwork must be ready to hang, and each piece must have your name and the title attached on the back.

Opening Reception: Thur., April 23, 4:30-6:30 PM
Questions? Email galler@mendocino.edu

Whether you're a seasoned artist or trying something new, this is a great opportunity to share your creativity with the campus community. 



STUDENT SUCCESS



HISPANIC/LATINX ALUMNI SUCCESS STORY

As part of our Hispanic/Latinx Alumni Spotlight series, we’re proud to highlight **Cristina Leticia Torres**, a Mendocino College graduate whose journey reflects resilience, determination, and the power of community support.

Cristina’s educational path wasn’t always easy. Growing up as the child of Mexican immigrants, she navigated life across two cultures and learned early to adapt to different environments. This experience helped her develop the empathy and perseverance that would later guide her through major life and academic challenges.

High school was difficult, and Cristina often struggled to stay focused without the support she needed. Transferring to **South Valley High Continuation School became a turning point**—so much so that she became one of the first South Valley students to earn a scholarship to Mendocino College. She credits this moment as the beginning of a new chapter.

At Mendocino College, Cristina continued to push forward. A **scholarship from the Soroptimist Live Your Dream program** provided motivation, but she still faced obstacles, including depression and anxiety. With help from the **Disability Resource Center**, Cristina received academic accommodations that allowed her to demonstrate her strengths without being held back by her anxiety.

Cristina’s interest in healthcare also shaped her path. She started as a receptionist in 2010, became a **Certified Medical Assistant** in 2011, and went on to complete the **Licensed Vocational Nursing (LVN) program** in 2014. She later earned her **associate degree in Allied Health from Mendocino College** in 2022. During this time, she also met her husband, whom she credits with providing steady encouragement as she continued her academic and professional journey. After graduating from Mendocino College, Cristina entered the LVN-to-RN program at Pacific Union College, completing her **Registered Nursing** credential in June 2025. She now works as an Inpatient RN Case Manager at Kaiser Permanente and is **on track to finish her Bachelor of Science in Nursing** in June 2026.

As a first-generation Mexican American woman, Cristina understands how overwhelming school can feel—but also how meaningful progress can be when you keep going. She shares this advice for current students: **“Do not give up on yourself, even when life feels overwhelming. Your background, struggles, and lived experiences are not weaknesses; they are strengths. Ask for help, use the available resources on campus, apply for scholarships, and remember that progress does not have to be perfect to be meaningful. Healing, growth, and education can happen at the same time.”**

Cristina’s story shows how far persistence, support, and self-belief can take you—and we’re proud to celebrate her as part of the Mendocino College community. 🐼

Have you completed your mandatory **TITLE IX TRAINING?**

Follow the QR code to complete this *mandatory* training today! Enter your username (**firstname.lastname**) & follow the prompts.

Questions? Contact Mindy Keegan at mkeegan@mendocino.edu.

Training must be completed by May 22, 2026!



MENDOCINO COLLEGE

FOOD PANTRY

FREE FOOD FOR ALL STUDENTS

THESE THREE DIGITS COULD **SAVE A LIFE**

No matter where you live in the U.S., you can easily access 24/7 emotional support.

Call or text 988 or visit 988lifeline.org/chat to chat with a caring counselor.

We're here for you.

988 SUICIDE & CRISIS LIFELINE

CALL, TEXT, CHAT

MENDOCINO COLLEGE

CAREER HUB

MONDAY - FRIDAY, 10 AM-6 PM
 Ukiah Campus, Room 1250 in MacMillian Hall
Virtual Appointments Available

**CAREER ASSESSMENT | INTERVIEW COACHING
 EMPLOYMENT CONNECTIONS | CAREER WORKSHOPS
 RESUME/COVER LETTER GUIDANCE | & MORE**

www.mendocino.edu/career-hub
careerhub@mendocino.edu | 707-468-3044

Produce 

Wednesdays

Free for Students!

Every Wednesday from 11:30 AM to 1:00 PM
 (or until supplies run out) at the Lowery Student Center on the Ukiah Campus.

Additional dates at our other Centers TBA.
 *Excludes holidays or other school closures.