

## **ADDICTION AND RECOVERY COUNSELING CERTIFICATE OF ACHIEVEMENT**

The Addiction and Recovery Counseling major addresses a wide range of issues in the field of addiction through its degree and certificate coursework. Students vary from recent high school graduates to working professionals with advanced college degrees. Students are able to apply and integrate their academic learning through required practicum experiences in various public and private agencies, institutions and businesses. The Addiction and Recovery Counseling Program exceeds the minimal standards for Addiction Studies Programs established by the federal Substance Abuse and Mental Health Services Administration. These standards were identified by State of California legislation as meeting the educational requirements for counselor certification. Degree and certificate completers qualify to apply for state certification as a substance abuse counselor. Completion of the Addiction and Recovery Counseling program will assist students in obtaining entry-level employment, job promotion/salary increases or transfer to a four-year college or university.

### **Required Courses:**

<b>Course Number</b>	<b>Course Name</b>	<b>Units</b>
ARC 151	Alcohol and Drugs: Overview	3
ARC 153	Physiology and Pharmacology of Alcohol and Drugs	3
ARC 158	ARC Practicum Preparation	1.5
ARC 164	Field Placement and Practicum Seminar I	1.5
ARC 165	Field Placement and Practicum Seminar II	1.5
ARC 197A	Addiction and Recovery Counseling Practicum	4 – 8
HUS 152	Basic Skills for Human Service Workers	3
HUS 154	Fundamentals of Interviewing and Counseling	3
HUS 155	Group Leadership and Group Process	3
HUS 156	Case Management and Documentation	3
HUS 157	Co-Occurring Disorders and Mental Health Issues	2
HUS 159	Intervention Theory and Techniques	2
HUS 160	Law, Ethics and Human Services	2
HUS 161	Introduction to Family Counseling Approaches	3
HUS 162	Community Prevention Theory and Practice	3
HUS 163	Professional Competency and Growth	2

**Total units required for Certificate**

**40.5 – 44.5**

### **Program Level Student Learning Outcomes:**

1. Demonstrate responsibility for their actions and work effectively as individuals and as members of a team.
2. Access, interpret, evaluate, and synthesize information using multiple resources, including current information technology.
3. Understand and demonstrate the core addiction counseling competencies as outlined in the U.S. Dept. of Health and Human Services/SAMHSA Technical Assistance Publication #21.
4. Analyze, understand, and evaluate diverse ideas, beliefs and behaviors.