

## PSYCHOLOGY ASSOCIATE OF ARTS

The Psychology major leads to an Associate of Arts Degree in Psychology. Psychology is defined as the scientific study of human behavior (including thoughts and emotions). The many and varied courses and areas of study in the Psychology Program provide a deeper understanding of the complexities of one's own behavior; the behavior of family, friends, and co-workers; and the interactions among diverse people and groups. As with all programs, students who intend to transfer to a four-year institution should research the transfer institution's requirements and plan to complete the Cal-GETC pattern.

### Required Courses – Major

Course Number	Course Name	Units
PSYC C1000	Introduction to Psychology	3
PSYC 206	Human Sexuality	3
or PSYC 220	Psychology of Gender	3
PSYC 250	Research Methods in Psychology	3

### Plus 9 additional units selected from the following courses not used above

Course Number	Course Name	Units
PSYC 206	Human Sexuality	3
PSYC 208	Psychology of Loss and Death	3
PSYC 210	Psychology of Life Span Development	3
PSYC 212	Personality Theories	3
PSYC 216	Social Psychology	3
PSYC 218	Abnormal Psychology	3
PSYC 220	Psychology of Gender	3
PSYC 225	Psychology of Personal and Social Adjustment	3
PSYC 255	Introduction to Psychobiology	3
PSYC 290	Introduction to the Counseling Profession	3

**Total Major Units** **18**

**Total Degree Units** **60**

### Program Level Student Learning Outcomes:

1. Define and use the major concepts, theoretical perspectives (i.e., psychoanalytic, behavioral, cognitive, and humanistic), empirical findings, and historical trends in psychology.
2. Apply psychological principles and an understanding of various theories to enhance mental and physical health, personal growth, effectiveness of interpersonal communication, and social interactions.
3. Articulate the biological processes underlying behavior including the interconnectedness of physical health and mental wellbeing.

### Career Opportunities in PSYCHOLOGY

Completing an Associates of Arts (AA) in Psychology can lead to a variety of employment in various fields including human services, criminal justice, human resources, social work, and mental health. Career opportunities include Career Counselor, Case Manager, Childcare Worker, Educational Aide, Laboratory Assistant, Market Researcher, Psychiatric Technician, Probation and Parole Officer, Rehabilitation Specialist, Human Resource Specialist, and Social Service Specialists.