# **HUMAN SERVICE WORKER CERTIFICATE OF ACHIEVEMENT**

The Human Service Worker Program provides students with the knowledge and skills to perform essential, entry-level Human Service Worker tasks in a competent and ethical manner, with an understanding of and sensitivity to the diverse populations which they will serve. Employers prefer potential Human Service Worker programs to have completed post-secondary certificate training (usually a minimum of 12-18 units at a community college or occupational training program) and who have some on-the-job experience, such as is provided by cooperative work experience or an internship class. This program meets these employer needs, and gives students a clear employment advantage over untrained, inexperienced job applicants. The Human Service Worker program is, for many, a first step on a career path. It is an important step in an academic path, as well. Many of the courses in the Human Service Worker program may be applied to the Human Services Paraprofessional (HUS-P) and/or the Addiction and Recovery Counseling Certificate and Degree programs for those students who want to continue with more advanced study, and who are interested in seeking more complex and challenging employment opportunities. Students who receive their Human Service Worker Certificate can continue their studies in the HUS-P or Addiction and Recovery Counseling certificate or degree programs while employed.

### **Required Courses**

| Course Number | Course Name                                 | Units |
|---------------|---|-------|
| HUS 101       | Introduction to the Helping Profession      | 3     |
| or HUS 170    | Introduction to Social Work                 | 3     |
| or ARC 151    | Alcohol and Drugs: Overview                 | 3     |
| HUS 103       | Field Placement and Practicum Seminar       | 1.5   |
| or ARC 164    | Field Placement and Practicum Seminar I     | 1.5   |
| HUS 152       | Basic Skills for Human Service Workers      | 3     |
| HUS 154       | Fundamentals of Interviewing and Counseling | 3     |
| HUS 156       | Case Management and Documentation           | 3     |
| HUS 197A      | Human Service Worker Practicum              | 2 - 8 |
| or ARC 197A   | Addiction and Recovery Counseling Practicum | 2 - 8 |

#### Plus 6 additional units selected from the following

| Course Number | Course Name  | Units |
|---------------|--|-------|
| ADJ 200       | Introduction to Administration of Justice          | 3     |
| ADJ 204       | Community Relations                                | 3     |
| CDV 140       | Working with School-Aged Children and Youth        | 3     |
| CDV 202       | Culture and Diversity in Early Childhood Education | 3     |
| COMM 211      | Intercultural Communication                        | 3     |
| ETH 202       | Racial and Ethnic Relations                        | 3     |
| ETH 235       | Mexican American Culture                           | 3     |
| ETH 241       | Pacific Coast Indian Cultures                      | 3     |
| HUS 155       | Group Leadership and Group Process                 | 3     |
| HUS 157       | Dual Disorders and Mental Health Issues            | 2     |
| HUS 161       | Introduction to Family Counseling Approaches       | 3     |
| HUS 163       | Professional Competency and Growth                 | 2     |
| HUS 171       | Working with Transition Age Youth                  | 2     |
| HUS 172       | Working in Tribal Communities                      | 3     |
| HUS 173       | Mindfulness Practice in Human Services             | 3     |
| PSYC 208      | Psychology for Loss and Death                      | 3     |
| PSYC 218      | Abnormal Psychology                                | 3     |
| SOC 210       | Sociology of Families                              | 3     |
| WEE 196       | Work Experience Education                          | 1 - 8 |
|               |  |       |

### **Program Level Student Learning Outcomes:**

- Use verbal and writing skills to effectively and professionally communicate with co-workers, supervisors and clients.
- 2. Accurately describe and analyze the historical and contemporary role of behavioral health-related occupations in their communities and society at large.
- 3. Perform essential, entry-level behavioral health paraprofessional tasks in a competent and ethical manner, with an understanding of and sensitivity to the diverse populations which they will serve.
- 4. Describe and analyze the principles and key concepts underlying behavioral health-related occupations.

# **Career Opportunities in HUMAN SERVICES**

Human Service Workers are non-professional, entry-level workers who provide services to clients under the supervision of counselors, social workers, nurses, and/or other professionals. Human Service Workers may be members of a team to work with little direct supervision. Typical duties include determining and referring to appropriate human service agencies; assisting in the application for benefits and other social programs; providing transportation; providing training in daily living skills; co-facilitating individual, family and group counseling sessions; advocating for clients before social and government agencies; and maintaining case records and reports.