

ADDICTION AND RECOVERY COUNSELING ASSOCIATE OF SCIENCE

The Addiction and Recovery Counseling major addresses a wide range of issues in the field of addiction through its degree and certificate coursework. Students vary from recent high school graduates to working professionals with advanced college degrees. Students are able to apply and integrate their academic learning through required practicum experiences in various public and private agencies, institutions and businesses. The Addiction and Recovery Counseling Program exceeds the minimal standards for Addiction Studies Programs established by the federal Substance Abuse and Mental Health Services Administration. These standards were identified by State of California legislation as meeting the educational requirements for counselor certification. Degree and certificate completers qualify to apply for certification through a variety of state-approved certification boards. Completion of the Associate of Science degree will assist students in obtaining entry-level employment, job promotion/salary increases or transfer to a four-year college or university. As with all programs, students who intend to transfer to a four-year institution should research the transfer institution's requirements.

Required Courses – Major

Course Number	Course Name	Units
ARC 151	Alcohol and Drugs: Overview	3
ARC 153	Physiology and Pharmacology of Alcohol and Drugs	3
ARC 158	ARC Practicum Preparation	1.5
ARC 164	Field Placement and Practicum Seminar I	1.5
ARC 165	Field Placement and Practicum Seminar II	1.5
ARC 197A	Addiction and Recovery Counseling Practicum	4
HUS 152	Basic Skills for Human Service Workers	3
HUS 154	Fundamentals of Interviewing and Counseling	3
HUS 155	Group Leadership and Group Process	3
HUS 156	Case Management and Documentation	3
HUS 157	Co-Occurring Disorders and Mental Health Issues	2
HUS 159	Intervention Theory and Techniques	2
HUS 160	Law, Ethics and Human Services	2
HUS 161	Introduction to Family Counseling Approaches	3
HUS 162	Community Prevention Theory and Practice	3
HUS 163	Professional Competency and Growth	2
Total Major Units		40.5
Total Degree Units		60

Program Level Student Learning Outcomes:

1. Access, interpret, evaluate, and synthesize information using multiple resources, including current information technology.
2. Analyze, understand, and evaluate diverse ideas, beliefs, and behaviors.
3. Understand and demonstrate the core addiction counseling competencies as outlined in the U.S. Dept. of Health and Human Services/SAMHSA Technical Assistance Publication #21.
4. Demonstrate responsibility for their actions and work effectively as individuals and as members of a team.