

March 2025



THE EAGLE NEWSLETTER

Bringing Campus Life to Your Inbox

UPCOMING EVENTS

Library Pet Therapy

Mondays, 10:30am | Library

CalFresh

Tuesdays, 1:00-2:00pm | Pomo Plaza / Lowery Center Center

Drop-In Counseling

Wednesdays, 9am-1pm & 2pm-4pm | Counseling

Produce Wednesdays - Free Food for Students!

Wednesdays, 11:30 am - 1:00pm | Lowery Student Center

Weaving Wednesdays

3rd Wed. Every Month | 1-3:00 pm | Eagle Support Center

Regalia Night

Thursdays, 5:30 - 8:00 pm | Lowery Student Center

FAFSA-Dream Act Application Workshops

Feb. 27, 2025 | 2 - 4 pm & 6-8 pm | Learning Commons, Coast

Career Exploration Event

March 13, 2025 | 10:00 - 2:00 pm | Pomo Plaza

Mendocino Stories

March 13-23, 2025 | Center Theatre

Reclaimed Visions: Art and Sustainability

Feb. 13 - Mar. 23, 2025 | Various Times | CVPA Art Gallery

Circle of Support

March 13, 2025 | 12:30 - 1:20 pm | Library Room 4232

College & Career Day - North County Center

March 20, 2025 | 10 - 12:00 pm | North County Center

Chill + Chat: Rainbow Alliance Meeting

March 12, 2025 | 1 - 3:30 pm | Transfer Center, Ukiah

Chill + Chat: Open Door Study Hall

March 19, 2025 | 1 - 3:30pm | Transfer Center, Ukiah

SEE THE FULL LIST ONLINE:

www.mendocino.edu/events



CAREER EXPLORATION EVENT



THURS, MARCH 13TH
10:00AM - 2:00PM
POMO PLAZA

Connect with top employers and enjoy a complimentary lunch!

Explore new career paths, network with employers, and more!

Questions? careerhub@mendocino.edu

What's Next in ATHLETICS

MEN'S BASEBALL

Tue. Mar. 4 at 2:00 PM VS Napa Valley | HOME

Thu. Mar. 6 at 2:00 PM VS Yuba | HOME

Fri. Mar. 7 at 1:00 PM VS Contra Costa | AWAY

Tue. Mar. 11 at 2:00 PM VS Marin * | HOME

Thu. Mar. 13 at 2:00 PM VS Marin | AWAY*

Sat. Mar. 15 at 1:00 PM VS Marin | HOME*

Tue. Mar. 18 at 2:00 PM VS Los Medanos | AWAY

Thu. Mar. 20 at 2:00 PM VS Los Medanos | HOME

Sat. Mar. 22 at 1:00 PM VS Los Medanos | AWAY

Tue. Mar. 25 at 2:00 PM VS Solano | AWAY

Thu. Mar. 27 at 2:00 PM VS Solano | HOME

Sat. Mar. 29 at 1:00 PM VS Solano | AWAY

WOMEN'S SOFTBALL

Thu. Mar. 13 at 1:00 PM & 3:00PM VS Folsom | AWAY

Sat. Mar. 15 at 12:00 & 2:00 PM VS Ohlone | HOME

Fri. Mar. 21 at 3:00 PM VS Lassen | AWAY

Sat. Mar. 22 at 12:00 & 2:00 PM VS Lassen | AWAY

Fri. Mar. 28 at 3:00 PM VS Butte | AWAY

Sat. Mar. 29 at 12:00 & 3:00 PM VS Butte | AWAY



denotes an Exhibition

* denotes a Conference

Bolded Event denotes a Home Game

Mendocino College is thrilled to announce the return of its cross country team after a hiatus of over 20 years! This is a unique opportunity to be part of the rebuilding process and contribute to a historic moment in the college's athletic program.

Whether you're an experienced runner or looking to start your cross country journey, your participation is invaluable. Join us as we embark on this exciting endeavor, fostering team spirit, athletic excellence, and personal growth.

For more information or to express your interest, please reach out to Coach Schwartz at lschwartz@mendocino.edu or call 530-220-4523. Don't miss out — our summer session kicks off in mid-July 2025. Be part of history and help lay the foundation for future successes!

WHY MCXC?

- ✓ Learn to run correctly
- ✓ Learn proper training
- ✓ Be part of a team
- ✓ Foster a love of running!

**MENDOCINO
COLLEGE**

CROSS COUNTRY

Have you completed your mandatory **TITLE IX TRAINING?**

Follow the QR code to complete this **mandatory** training today!
Enter your username (**firstname.lastname**) & follow the prompts.

Questions? Contact Mindy Keegan at mkeegan@mendocino.edu.
Training must be completed by May 23, 2025!



REQUIRED STUDENT TRAINING

In response to new legislation (AB 2683), Mendocino College is assigning all current students a training through Keenan SafeColleges. **This training is required annually.** This training is titled "Sexual Violence Awareness: AB 2683" and is 48 minutes long. It will cover sensitive and pertinent topics on how to identify and report incidents of sexual violence, and support. You may start and pause the training if you do not have the full time to commit to completing in one sitting. If you did not receive an email from us regarding your Title IX training, you can also access the training [here](#) and use your student username to log in.

Please complete this required and important training no later than May 23, 2025. Thank you for your attention to this student requirement. 



DROP-IN COUNSELING

WEDNESDAYS

9 am - 1 pm & 2 pm - 4 pm

In-person at Ukiah Campus
or via phone (707) 468-3048





ROADWORK: PREPARE FOR DELAYS

PG&E will be conducting substantial road work at the intersection of State Street & Hensley Creek Road, with traffic control in place 9am-3pm through March 2025. Please plan accordingly and give yourself extra time to get to and from class. 🛣️

DO YOU KNOW WHERE TO GO?

New to Mendocino College and not sure where to go? Never fear! Here's a handy list of [site maps](#) to help get you on your way. 🗺️



Mendocino College LIBRARY

Need a textbook?
Need a calculator?
Need a Chromebook?

Come by the library with your class schedule and ask us if we have the materials you need this semester.

We're here to help.

Ukiah Campus | LLRC 4220
Front Desk | 707-468-3053
Email | libraryhelp@mendocino.edu

Hours
Mon.-Thur. | 8:30a-8:00p
Fri. | 8:30a-4:00p

Weaving Wednesdays

Everyone is Welcome • Todos Son Bienvenidos

Learn basket weaving
and other Native
American crafts!

Meet the 3rd Wednesday
of the month, from 1-3pm
in the
Eagle Support Center
Lowery Building



WEAVING WEDNESDAYS

3rd Wednesday Every Month | 1 - 3:00 pm

The Native American Student Resource Center invites all to join us for Weaving Wednesdays, happening the third Wednesday of every month in the Eagle Support Center. Learn basket weaving and other Native American crafts!

For more information, visit our [NASRC webpage](#). 🗺️



REGALIA NIGHT

Thursdays, 5:30 - 8:00 pm | Lowery Student Center

The Native American Student Resource Center is hosting Regalia Night every Thursday evening in the Lowery Student Center. Stich, sew, and bead traditional dance attire and connect with our Native American community. This event is free and open to all! 🗺️

WI-FI ASSISTANCE

We want you to stay connected, whether you're on or off-campus. If you're having Wi-Fi troubles, we're here to help!

- Check out our handy Wi-Fi FAQ page at [Mendocino College IT Help Desk](#).
- For in-person help, visit Thiem Tran in the Library.
- Need more assistance? Call the IT Help Desk at 707-468-3210 or email at it-help@mendocino.edu.

OUR COMMITMENT TO YOUR SAFETY & RESOURCES

Dear Students,

At Mendocino College, we are deeply committed to supporting and protecting all of our students, regardless of immigration status. We understand that concerns about immigration enforcement actions can impact your sense of well-being and ability to learn. We want to assure you that we are here to support you and provide a safe and inclusive environment.

Our Commitment: Mendocino College is dedicated to creating a supportive environment for all members of our diverse student body. We have established guidelines to address any concerns related to immigration enforcement actions on our campuses. These guidelines are designed to protect your rights and ensure your safety.

What to Do if ICE Seeks Access to Campus:

- If a federal immigration enforcement official, such as an ICE agent, requests access to a campus or student information, MLCCD personnel will refer the request to the Office of the Superintendent/President. The office will work with legal services to determine the lawfulness of the request.
- If you observe ICE officials on campus, immediately report their presence to campus security at 707-468-3071.

Know Your Rights: It is important to be aware of your rights in interactions with immigration officials:

- You do not have to open the door if an immigration agent is knocking. If they have a judicial warrant, they will not need your permission.
- You have the right to remain silent & not answer any questions from an immigration agent.
- Do not sign anything without first speaking to a lawyer.
- If you are outside your home, ask the agent if you are free to leave. If they say yes, leave calmly.

Resources Available:

- The California Attorney General's Office provides guidance and resources for various sectors, including higher education.
- The Immigrant Legal Resource Center offers free Red Cards with reminders for asserting your rights and protecting yourself in various situations. Red Cards are available in multiple languages and can be downloaded and printed.
- We have Red Cards available for students and their families, which can be obtained in any of our student services offices.
- **The Dream Center** assists undocumented/AB540 students & students from mixed-status families and will continue to provide services, resources, and support. If you need assistance or just someone to talk to, please reach out by email at dreamcenter@mendocino.edu, phone at 707-467-1026, or visit us in the Lowery Student Center. General Services are available Monday through Friday from 9:00 am to 5:00 pm, and Counseling Services are available on Mondays from 5:00 pm to 7:00 pm.

We are here to support you and ensure that you have access to the resources and information you need. If you have any questions or concerns, please do not hesitate to reach out to us.

Together, we will continue to uphold our commitment to creating a welcoming and secure learning environment for everyone.

Sincerely,

Tim Karas, Ed.D.

President / Superintendent
Mendocino College 





KNOW YOUR RIGHTS WITH RED CARDS

At Mendocino College, we support all students, regardless of immigration status.

Our mission is to create a safe, inclusive, and supportive environment for everyone.

What Are Red Cards?

Red Cards remind you of your rights in interactions with immigration officers. They are available in multiple languages and help you remember how to protect yourself.

How to Use Red Cards:

- Do Not Open the Door: You do not have to open the door for immigration agents.
- Remain Silent: You have the right to remain silent.
- Do Not Sign Anything: Speak to a lawyer before signing any documents.
- Ask If You Are Free to Leave: If outside, ask if you can leave. If yes, leave calmly.

Resources Available:

- California Attorney General's Office: Guidance and resources.
<https://oag.ca.gov/immigrant/resources>
- Immigrant Legal Resource Center: Free Red Cards and more. www.ilrc.org/red-cards-tarjetas-rojas
- Dream Center assists undocumented/AB540 students and students from mixed-status families will continue to provide services, resources, and support. If you need assistance or just someone to talk to, please reach out by email at dreamcenter@mendocino.edu, phone at 707-467-1026, or visit us in the Lowery Student Center. Mon-Fri 9am-5pm

Information:

Rose Bell, Director of Community Relations & Communications
rosebell@mendocino.edu | 707-468-3012 | www.mendocino.edu/pio 

YOU HAVE CONSTITUTIONAL RIGHTS:

- DO NOT OPEN THE DOOR if an immigration agent is knocking on the door.
- DO NOT ANSWER ANY QUESTIONS from an immigration agent if they try to talk to you. You have the right to remain silent.
- DO NOT SIGN ANYTHING without first speaking to a lawyer. You have the right to speak with a lawyer.
- If you are outside of your home, ask the agent if you are free to leave and if they say yes, leave calmly.
- GIVE THIS CARD TO THE AGENT. If you are inside of your home, show the card through the window or slide it under the door.

1. I do not wish to speak with you, answer your questions, or sign or hand you any documents based on my 5th Amendment rights under the United States Constitution.
2. I do not give you permission to enter my home based on my 4th Amendment rights under the United States Constitution unless you have a warrant to enter, signed by a judge or magistrate with my name on it that you slide under the door.
3. I do not give you permission to search any of my belongings based on my 4th Amendment rights.
4. I choose to exercise my constitutional rights.
5. These cards are available to citizens and noncitizens alike.

USTED TIENE DERECHOS CONSTITUCIONALES:

- NO ABRA LA PUERTA si un agente de inmigración está tocando la puerta.
- NO CONTESTE NINGUNA PREGUNTA de un agente de inmigración si trata de hablar con usted. Usted tiene el derecho a guardar silencio.
- NO FIRME NADA sin antes hablar con un abogado. Usted tiene el derecho de hablar con un abogado.
- Si usted está fuera de su casa, pregúntele al agente si tiene la libertad de irse y si le dice que sí, váyase con tranquilidad.
- ENTREGUE ESTA TARJETA EL AGENTE. Si usted está dentro de su casa, muestre la tarjeta por la ventana o pásela debajo de la puerta.

Red Cards are available in all
Student Service offices, or online at
www.ilrc.org/red-cards-tarjetas-rojas

STUDENT SUPPORT



Pet Therapy in the Library

Join the Library in welcoming brand-new Therapy Dog Flavio to Mendocino College! Students and staff are invited to de-stress with Flavio at the Library, his next visit will be at 10:30 a.m. on Monday 3/10.

Be sure to check Mendocino College social media to find out about future visits.

Facebook: www.facebook.com/MendocinoCollegeLibrary
Instagram: www.instagram.com/mendocinocollege_library



Visit the CalFresh Team!

Our CalFresh team will be tabling every Tuesday from 1pm-2pm on our Ukiah Campus. CalFresh is a financial aid program that helps students buy food and eat healthier. It won't affect your financial aid, and you don't need your parents' tax return information to apply. Essentially, it's a debit card for groceries. Our tabling will take place in different locations each week to help target our students.

Come by our table to see if you qualify or email us at Calfreshoutreach@mendocino.edu.

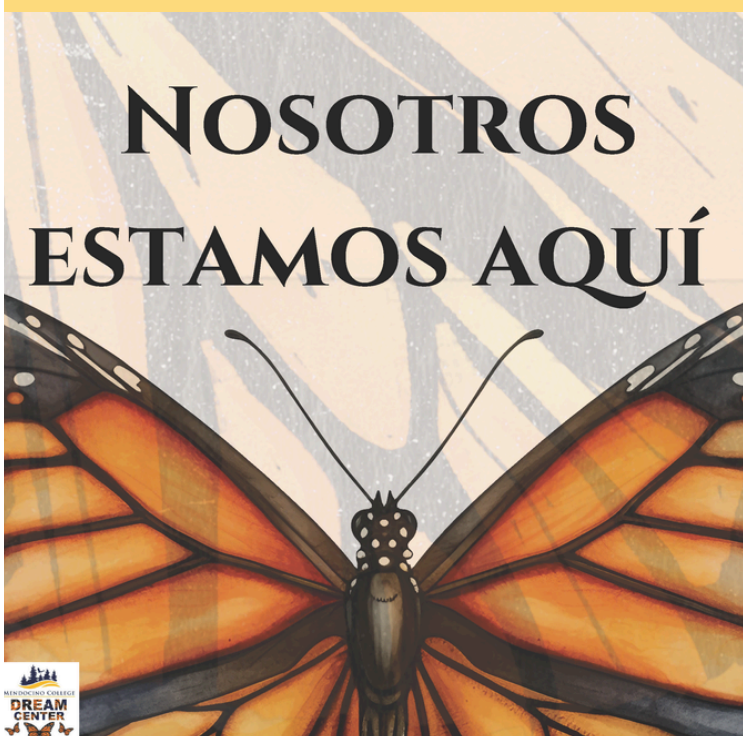
Don't wait - eligible students can qualify for up to \$292 a month!

Disability Resource Center - Advisory Board Committee Meeting

Students are invited to join the DRC Advisory Board Committee Meeting

March 24, 2025
4:00-5:00pm
Room LLRC 4210

We will provide an update of DRC activities and services provided by the department and seek input from students and stakeholders as to these activities and services.



DREAM CENTER

Mission Statement:

The mission of the Mendocino College Dream Center is to assist undocumented/AB540 students and students from mixed-status families achieve their academic goals. The Dream Center provides services, resources and support to address the unique barriers students face in their pursuit of higher education.

We are located in the Eagle Support Center in the Lowery Building. General Services are available Monday through Friday from 9:00 am to 5:00 pm, and Counseling Services are available on Mondays from 5:00 pm to 7:00 pm.

Contact:

dreamcenter@mendocino.edu | 707-467-1026

DO YOU HAVE A STUDENT EDUCATION PLAN?

A Student Education Plan, also known as an SEP, is a long-term plan which contains all the courses & semesters needed to complete your certificate, associate degree, or requirements to transfer to a university.

WHY IS AN SEP IMPORTANT?

- Stay on track toward graduation or transfer
- Save time and money by taking only the courses you need
- Plan ahead to avoid scheduling conflicts

Schedule a counseling appointment to develop your SEP!

Email: counselingappointments@mendocino.edu OR Call: (707) 468-3048



PRIDE PROGRAM



MENDOCINO COLLEGE Pride Program

Dear Students,

We are excited to announce the continuation of the newly renamed **LGBTQIA2S+ Pride Program** at Mendocino College, serving both our students and allies! We will be offering fun activities, events, and support during these challenging times.

We want to acknowledge the impact of recent events on our queer and trans community and reaffirm our commitment to inclusivity and support. Your presence enriches our campus, and we stand with you. We understand the fear and unrest and want to assure you that our community will always be a safe space, and we strive to ensure that students know we are here for them. Whether you need physical or mental support, our door is always open, and we welcome you with open arms. We are here for you and are dedicated to ensuring a safe, welcoming space for all. Let's continue to support one another and celebrate the diversity that strengthens our community. You belong here!

This semester, our goals include hosting weekly pop-ups in the Transfer Center, organizing a 2-day Queer Summit, holding our first Lavender Graduation, and running The Rainbow Alliance, a student-run club. If you'd like to become a part of our collective, please fill out this [short survey](#) so we can keep you informed and updated.

Thank you!

Sincerely,

The Pride Program Team

Thais & Danyel

WHAT'S HAPPENING

MARCH

3/10 - Sock Puppet Pop-Up, 11:30 AM-1:30 PM, North County Center | Make sock puppets in a safe and inclusive space. Materials provided.



3/12 - Chill + Chat: Rainbow Alliance, 1-3:30 PM, Transfer Center | The Rainbow Alliance will be discussing important matters that need action & future activities within the club. Safe space where everyone is welcome! RSVP via email encouraged.


3/19 - Chill + Chat: Open Door Study Hall, 1-3:30 PM, Transfer Center | Hosted by Pride Program & Rainbow Alliance. Safe & open space for students to study & socialize with one another. This time allows for students to feel seen and welcomed in the space. RSVP via email encouraged.

CONTACT

Thais Springer, LGBTQIA2S+ Program Specialist
pride@mendocino.edu | (707) 467-1007 ext. #1007

LOCATION & HOURS

Eagles Nest, Lowery Building, #781

Mon., Wed., & Fri. from 10:00 am-4:00 pm 



SUPPORT FOR SUCCESS AT MENDOCINO COLLEGE

College can be tough, whether you're returning after a couple of semesters or coming back after a long break. At Mendocino College, we've got the resources and support to help guide you through it.

Mental Health Support

Mental health is my specialty, and sometimes all it takes is a listening ear to help you through a tough moment. Therapy offers a unique opportunity to work through barriers that might be holding you back and improve your overall well-being. It's a safe space to learn new coping strategies that can unlock your potential for success.

Wellness Matters

At Mendocino College, we focus on both Health *and* Wellness—from mental health support to ensuring you're getting enough rest. Taking care of your mind and body can make all the difference in your academic journey. For those who struggle with anxiety, I know firsthand how it can affect your classroom performance. But with the right tools and support, it's manageable.

We're Here for You

Yes, college can be challenging, but with the right support system, it's absolutely doable. If you're feeling overwhelmed or just need someone to talk to, don't hesitate to reach out. You can easily self-refer through Eagle Connect (Health & Wellness Services), call (707) 621-6463, or schedule an appointment online: <https://mendocino.medicatconnect.com/>.

For more information, please visit our website:

www.mendocino.edu/wellness.

Lisa Larimer Burtis, LMFT

Health & Wellness Counselor/Coordinator 



Circle of Support

Compassionate • Confidential
Non-Judgmental

All are welcome. No registration needed.
Refreshments provided for students.

2nd Thursday of each month

(2/13, 3/13, 4/10, 5/08)

Ukiah Campus | 12:30-1:20
Library Conference Room 4232

Facing challenges? Need to share?
Feeling Overwhelmed? You're Not Alone.
For more information, visit www.mendocino.edu/wellness.

Free Narcan & Fentanyl Test Strips are located outside the
H&W office and in the
Eagle Support Center





Artist: Heather Law



Artist: Kala Stein



Artist: Evan Hobart

RECLAIMED VISIONS: ART AND SUSTAINABILITY

February 13 - March 23, 2025

Free and open to the public!

The three artists featured in Mendocino College Gallery's latest exhibition create works that consider the implications of our human imprint on nature.

Art that creates a deeper awareness of the environmental impact of our actions and inspires a shift toward more sustainable living is **Heather Law's** passion.

Kala Stein works at the intersection of craft, design, and sustainability, exploring notions of beauty and loss in the natural world.

Evan Hobart describes his work as, "A platform to discuss the past, present, and future, utilizing the intersection of humanity and nature to comment on modern-day life." He continues, "My work examines today's world and elaborates on many of its facets such as global climate change, politics, war, religion, society, over-development, and possibly the eventual extinction. Unpleasant as it is to confront some of these issues, it is the work (obligation) of the artist and teacher, now and in the past, to do so - in a creative and thought-provoking way."

All three artists work primarily in the medium of ceramics.

Reception Thursday, February 13 at 4:30 pm


Light refreshments will be served.

Regular Gallery Hours:

- Tuesdays: 12:30 - 3:30 PM
- Wednesdays: 10:30 - 12:30 PM
- Thursdays: 12:30 - 3:30 PM

Viewings are also available by appointment

Event Contact Information

galleries@mendocino.edu | 707-468-3207 



SUBMIT YOUR ARTWORK!

2025 ANNUAL JURIED STUDENT ART SHOW

NOTE: ALL STUDENTS WILL HAVE AT LEAST ONE ARTWORK CHOSEN FOR THE EXHIBITION, MORE DEPENDING ON SPACE/QUALITY.

RULES:

- MUST BE A MENDOCINO COLLEGE STUDENT.
- CAN SUBMIT 1- 3 ARTWORKS DONE IN ANY MEDIA (SCULPTURE, PAINTING, DRAWING, POTTERY, PHOTOGRAPHY, JEWELRY, DIGITAL ART, TEXTILES, MIXED MEDIA, FURNITURE (ETC.) COMPLETED IN THE LAST 3 YEARS.
- WORK DOES NOT HAVE TO BE FOR SALE, HOWEVER 100% OF PROCEEDS GO TO THE STUDENTS FOR ANY SOLD WORK.
- 2-D WORK MUST BE READY TO HANG ON THE WALL.
 - THIS MEANS IT IS EITHER FRAMED OR IN A DOUBLE MAT.
- WORK DOES NOT HAVE TO BE FROM A CLASS ASSIGNMENT.

IMPORTANT DATES:

- UKIAH STUDENTS DROP OFF OF WORK TO BE JURIED: WEDNESDAY, 4/2, 12:30-2:30 PM + THURSDAY, 4/3, 4:00-6:00 PM @ THE GALLERY IN CVPA (THEATRE LOBBY)
- NOTIFICATION OF ACCEPTED WORK: BY WEDNESDAY, 4/9
- OPENING RECEPTION AND DRAW-A-THON: THURSDAY, APRIL 24TH, 4:30-6:30PM
- PICK-UP: WORK MUST BE PICKED UP ON MONDAY, 5/19 BETWEEN 12:30 - 2:30 PM OR TUESDAY, 5/20, 3:00 - 6:00 PM

COAST, NORTH COUNTY, LAKEPORT CENTER & KRENOV SCHOOL STUDENTS, YOU MAY SUBMIT WORK IN PERSON OR SUBMIT DIGITAL ENTRIES TO GALLERY@MENDOCINO.EDU BY 4/1. INCLUDE TITLE, YEAR, MEDIA & DIMENSIONS FOR EACH ARTWORK IN BODY OF YOUR EMAIL.

NOTE: ACCEPTED WORKS FROM DIGITAL ENTRIES WILL BE NOTIFIED BY 4/2. ACCEPTED WORKS MUST BE DELIVERED TO UKIAH CAMPUS GALLERY BY THURSDAY, 4/4 AT 6PM.


QUESTIONS? EMAIL JMOORE@MENDOCINO.EDU



GET INVOLVED!


Interested in affecting change in our student body? Do you want greater opportunities for all California college students? Want to create meaningful social connections with your peers?

Consider joining an Associated Students of Mendocino College (ASMC) meeting! All Mendocino College students are welcome to attend in person or via Zoom. Each ASMC meeting includes a public comment section where you can make your voice heard.

For meeting dates & more info, visit our [ASMC webpage](#). 

MARCH IN MARCH

The Student Senate for California Community Colleges are invited to join the March in March at Southside Park in Sacramento on March 4, 2025, at 2 pm. Students, faculty, and staff will march from the park to the west steps of the Capitol, where SCCC and faculty groups from throughout the state will hold a rally for students' rights. The rally will feature Legislators, students, and faculty speakers. Free shirts will be available on a first-come, first-serve basis. **RSVP today!**

Interested in joining? Connect with your ASMC representatives! Funding opportunities may be available to offset the cost of your trip to March in March. 

2024-25 ASMC REPRESENTATIVES

President: Lawrence Ortiz

Vice President: Jasmine Jewel

Secretary: Clarissa Ayala

Treasurer: Colette Manning

Student Trustee: Lacreteria (Cretia) Todeo

Student Ambassador:

Dylan Fraser-Gilbert

Activities Director: Evode Manirahari

Publicity Director: Clayton King

Ecology Director: [Vacant]

Student Rights Advocate: [Vacant]

Parliamentarian: Elias Campise

Ukiah Representative: Russell Furlong

North County Representative: [Vacant]

Lake Representative: [Vacant]

Coast Representative: Misael Triplett

*Your student voice matters.
Thank you for voting!*

**Interested in running for ASMC?
Student elections will be held in Spring
2025. Date to be announce soon!**

ASMC PURPOSE

ASMC represents the student body of Mendocino College in all matters related to our college community.


ASMC BUSINESS

We raise money for student activities and scholarships;


We promote the individual student to take responsibility for their performance, health, well being and education.

ASMC VALUES

- We promote serving students of all ages through our programs and activities.
- We respect the ideas, opinions, contributions, and rights of all students.
- We promote high expectations, ethical and moral standards, positive reinforcement, and recognition.
- We promote evaluation and feedback to enhance future learning.
- We promote self-knowledge, understanding, and independent thinking.



What is ZTC?



Zero Textbook Cost

Refers to a course that uses materials that cost nothing to students

- Courses that do not require a traditional textbook.
- Faculty curated educational materials provided online.
- Open Educational Resource (OER) Textbooks
- Class sets available for free checkout through the College Library.
- Articles, eBooks, and other materials available through the College Library Catalog.

MENDOCINO COLLEGE FOOD PANTRY



FREE FOOD FOR ALL STUDENTS



MENDOCINO COLLEGE CAREER HUB

MONDAY - FRIDAY, 10 AM-6 PM
Ukiah Campus, Room 1250 in MacMillan Hall
Virtual Appointments Available

**CAREER ASSESSMENT | INTERVIEW COACHING
EMPLOYMENT CONNECTIONS | CAREER WORKSHOPS
RESUME/COVER LETTER GUIDANCE | & MORE**

www.mendocino.edu/career-hub
careerhub@mendocino.edu | 707-468-3044



**THESE THREE DIGITS COULD
SAVE A LIFE**

No matter where you live in the U.S., you can easily access 24/7 emotional support.


Call or text 988 or visit 988lifeline.org/chat to chat with a caring counselor.

We're here for you.

988

SUICIDE & CRISIS
LIFELINE

CALL, TEXT, CHAT





MENDOCINO COLLEGE LIBRARY

STREAM VIDEOS

Academic Online Video (AVON)
Drama Online
Films on Demand
&
Kanopy

Browse titles for various courses like Nursing, Native American History, Theater, Ethnic Studies & more.

✦ Want to see more titles?
Please email
librarian@mendocino.edu
and we can look into it. ✦


MENDOCINO COLLEGE STUDENT HELP DESK

Computer trouble?

A team of friendly computer science students are standing by to help resolve your technology-related issues!

**EMAIL COMPUTER SUPPORT REQUESTS TO:
MENDOSTUDENTHELPDESK@GMAIL.COM**