

December 2024



THE EAGLE NEWSLETTER

Bringing Campus Life to Your Inbox

UPCOMING EVENTS

Hey, INCOMING & EXISTING MC STUDENTS!

**SCHOLARSHIP
MONEY!**

APPLY
TODAY for



THERE'S MORE THAN

\$200,000

AVAILABLE TO **ALL**
**GRADUATING HIGH SCHOOL
SENIORS, INCOMING
AND EXISTING
MC STUDENTS**

OPEN ENROLLMENT:

**DECEMBER 2, 2024
thru MARCH 1, 2025**

APPLY TODAY!

**MENDOCINO.
ACADEMICWORKS.COM**
or scan to apply!



MENDOCINO COLLEGE
Foundation

Questions? 707.467.1018 or FOUNDATION.MENDOCINO.EDU

TAG! You're In Tuesdays

Tuesday Afternoons | Online

www.mendocino.edu/transfer for a list of hours

Walking Moai

Mondays | 1:00 pm - 1:30 pm | Pomo Plaza

Weaving Wednesdays

3rd Wed. Every Month | 1-3:00 pm | Eagle Support Center

Regalia Night

Thursdays, 5:30 - 8:00 pm | Lowery Student Center

"If You'll Never Leave Me, I'll Never Leave You"

Nov. 12, 2024 - Jan. 23, 2025 | Various Times
Mendocino College Gallery, Ukiah Campus

FAFSA-Dream Act Application Workshop

Dec. 4 & 17, 2024 | 2 - 4:00 pm | Rm 1280, MacMillan Hall, Ukiah
Dec. 9, 2024 | 2 - 4:00 pm | Rm 8010, North County Center
Dec. 11, 2024 | 2 - 4:00 pm | Rm 7110, Lake Center
Dec. 18, 2024 | 2 - 4:00 pm | Learning Commons, Coast Center

Making Good Food Choices through the Holidays

December 4, 2024 | 12:30 pm - 1:00 pm | Online via Zoom

Visiting Artist Lecture Series: Loren Madsen

December 4, 2024 | 3:30 pm - 4:30 pm | CVPA Rm. 5380

16th Annual Holiday FUN-Raiser

December 5, 2024 | 10:00 am - 4:00 pm | Library Rm. 4210

Ceramics Club Annual Holiday Sale

Dec. 6, 2024 | 10:00 am - 5:00 pm | Lowery Student Center

Ukiah Symphony Orchestra Presents Copland the Poetic

December 7, 2024 at 7:30 pm | Dec. 8, 2024 at 2:00 pm
Center Theatre, Ukiah Campus

Mendocino Coast Therapist Connections

Dec. 8, 2024 | 12 pm - 4:30 pm | Learning Commons, Coast

Sharing Circle

Dec. 11, 2024 | 4 pm - 5 pm | Library Rm 4112, Ukiah Campus
OR Online via Zoom

PTA Program Completion Ceremony

Dec. 13, 2024 | 6:30 pm - 7:30 pm | Center Theatre, Ukiah

Mendocino Ballet Presents The Nutcracker

Dec. 20 - 22, 2024 | Various Times | Center Theatre, Ukiah

SEE THE FULL LIST ONLINE:

www.mendocino.edu/events

CENTER CONNECTION: MENDOCINO COLLEGE CENTERS

Presented by Center staff & Steve Hellman

COAST CENTER

HSI Student Retention Specialist Michael Wietecha and STNC Coast Center Assistant Zoe Barnard helped celebrate the Mid-Autumn Festival at the Coast Center. The traditional East Asian holiday honors the harvest and the full moon, symbolizing reunion and togetherness. Much like Thanksgiving in the US, it is a time for families to come together and share a meal. At the Coast Center event, they shared some Chinese snacks and games with the students. They also played jiǎnzi 毽子 (Chinese hacky sack), tóuhu 投壶 (similar to cornhole played with arrows), practiced Chinese calligraphy, and most importantly, enjoyed mooncakes, the highlight of every Mid-Autumn Festival.

LAKE CENTER

ESL student Jennyfer Zuniga enjoys a fresh cup at the new Lake Center coffee station located in the campus indoor commons. The nice area is provided for students to get a little snack and drink. They offer different kinds of coffee (dark, light, breakfast, French roast, etc.) to be prepared in a newly bought Keurig, with creamer and sugar on the side. They'll also be providing some store-bought pastries. They have lids, cups, and straws prepared for students to take with them, though not to class. It's a service provided to students for their hard work and dedication. We hope it serves them well.

NORTH COUNTY CENTER

In celebration of Hispanic Heritage Month (Sept. 15 - Oct. 15), the North County Center hosted a tissue paper art workshop, on Wednesday, 10/09. Students and staff created beautiful tissue paper flowers to represent icons commonly seen in Hispanic celebrations. Additionally, we extended the workshop to our Dual Enrollment partners at the Willits High School. Students, staff, and littles joined Retention Specialist Maria Zepeda and STNC Center Assistant Maci Yokum in creating tissue paper flowers for some fun.



TEXTBOOK AFFORDABILITY ON CAMPUS - ZTC:

What is ZTC? Zero Textbook Cost refers to a course that uses materials that cost nothing to students.

- ZTC courses do not require a typical textbook.
- Faculty curate free online educational resources.
- Open Educational Resources (OER) are free online textbooks.
- Class sets are sometimes purchased with grant money and provided to all students for free.
- Articles, eBooks, and other online resources are provided through the College Library.

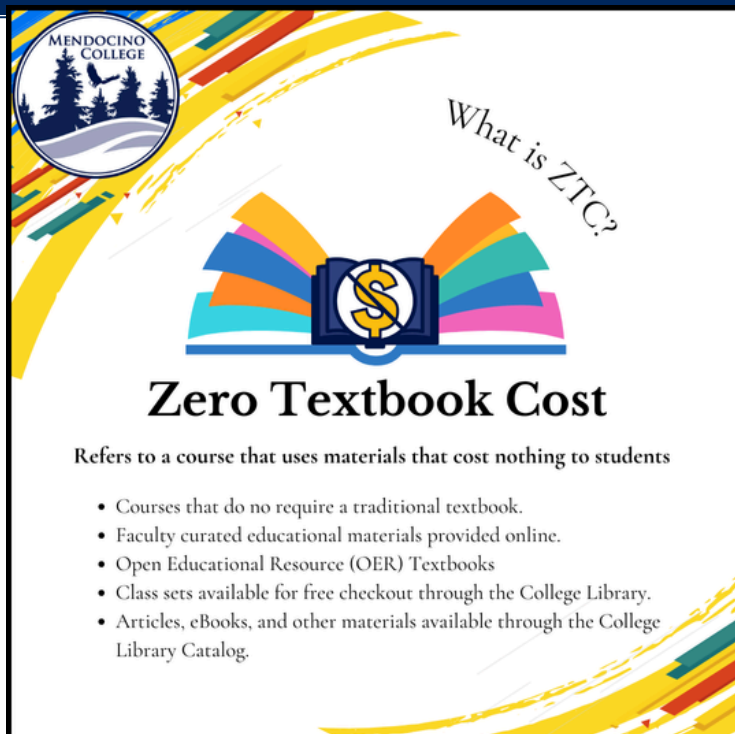
Have any questions? Please email your Textbook Affordability Librarian, Gabrielle Visco at gvisco@mendocino.edu.

LIBRARY RETURNS & WINTER HOURS

All library materials are due back by Friday, December 20. Pay it forward to the next semester's students by returning your materials on time. Please note that all technology will be turned off for routine service.

Winter Break Library Hours:

- Dec. 16 - Dec. 20 | 10 am - 4 pm
- Dec. 23 - Jan. 10 | *Library Closed*
- Jan. 13 - Jan. 17 | 10 am - 4 pm



What is ZTC?

Zero Textbook Cost

Refers to a course that uses materials that cost nothing to students

- Courses that do not require a traditional textbook.
- Faculty curated educational materials provided online.
- Open Educational Resource (OER) Textbooks
- Class sets available for free checkout through the College Library.
- Articles, eBooks, and other materials available through the College Library Catalog.



Pay it Forward

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Please return materials on time to support next semester students.

Please note, all technology will be turned off for routine service.



Winter Break Hours
Dec. 16-Dec. 20 | 10a-4p
Library Closed | Dec. 23- Jan. 10
Jan. 13-17 | 10a-4p

Mendocino College Library
Ukiah Campus | LLRC 4220
Front Desk | 707-468-3053
Email | libraryhelp@mendocino.edu

Visit Us Online
mendocino.edu/library
[@MendocinoCollegeLibrary](https://www.facebook.com/MendocinoCollegeLibrary)
[@mendocinocollege_library](https://www.instagram.com/mendocinocollege_library)

Wi-Fi Assistance

We want you to stay connected, whether you're on or off-campus. If you're having Wi-Fi troubles, we're here to help!

- Check out our handy Wi-Fi FAQ page at [Mendocino College IT Help Desk](#).
- For in-person help, visit Thiem Tran in the Library.
- Need more assistance? Call the IT Help Desk at 707-468-3210 or email at it-help@mendocino.edu.



WEAVING WEDNESDAYS

3rd Wednesday Every Month | 1 - 3:00 pm

The Native American Student Resource Center invites all to join us for Weaving Wednesdays, happening the third Wednesday of every month in the Eagle Support Center. Learn basket weaving and other Native American crafts!

For more information, visit our [NASRC webpage](#).

REGALIA NIGHT

Thursdays, 5:30 - 8:00 pm | Lowery Student Center

The Native American Student Resource Center is hosting Regalia Night every Thursday evening in the Lowery Student Center. Stich, sew, and bead traditional dance attire and connect with our Native American community. This event is free and open to all!

COUNSELING DROP-INS

JANUARY 2025

The Counseling Department will be offering drop-in counseling hours during the month of January in preparation for the Spring 2025 semester.

SUN	MON	TUE	WED	THUR	FRI	SAT
			01	02	03	04
05	06	07 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	08 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	09 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	10	11
12	13	14 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	15 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	16 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	17	18
19	20	21 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	22 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	23 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	24	25
26	27	28 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	29 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	30 In-Person Drop-in 9:00 AM - 12:00 PM Zoom Drop-In 1:00 PM - 4:00 PM	31	

Important information for Drop-In Counseling Sessions:

- In-person drop-in sessions are available at the Ukiah Campus
- Each session is limited to 15 minutes to serve as many students as possible
- Wait times may vary based on the number of students in line
- Drop-in sessions are offered on a first-come, first-served basis

Zoom Link:

bit.ly/CounselingZoomDropIn



HISPANIC/LATINEX ALUMNI SUCCESS STORIES

As part of our Alumni Spotlight series, the Mendocino College Hispanic-Serving Institution (HSI) staff would like to spotlight: **Vicente Rodriguez**. Vicente's story highlights the opportunities that come with hard work and the opportunities that are granted to those who step outside of their comfort zone.

Vicente's inspiration and advice to current Mendocino College students:

"If you want more for your life, you have to get out of your comfort zone and make sacrifices. If you don't ask questions, and if you don't network and ask others about their experiences, you'll never know what is out there. What is out there could change your life."

Vicente's journey within Higher Education:

Like many students in Mendocino and Lake County, Vicente found himself feeling limited by his low-income background; when it came to getting a college education, Vicente shared that his parents did not have the means to pay for him to go to college, so instead, Vicente pursued a degree at Mendocino College while living at home with his parents in Ukiah. But, Vicente did not let his low-income background negatively impact him. Instead, Vicente took advantage of the services and support programs available to him including the College Assistance Migrant Program (CAMP), access to an academic counselor, and support from several of his instructors.

Apart from the scholarships, grants, and other financial aid Vicente received during his time at Mendocino College, he shared how his involvement in CAMP provided him opportunities to attend professional development workshops and go on campus tours. The exposure Vicente received from being part of CAMP allowed him to gain an understanding of the various opportunities that were out there for him after Mendocino College. One of these opportunities was a summer internship with the Bureau of Land Management thanks to the support and guidance of his academic counselor, Alicia Mendoza. During Vicente's time with CAMP, Alicia helped guide Vicente by highlighting opportunities available to students like himself.



Vicente Rodriguez dons his military regalia. Serving in the military enabled Vicente to attend his university of choice, and earn a graduate education.

Besides Alicia, Vicente shared how both his business instructor, Julie Finnegan, and math instructor, Leslie Banta, were key to his academic success.

Yet, success did not come easily for Vicente. During his time at Mendocino College, there were multiple instances in which he questioned his ability to succeed. Vicente questioned whether attending college was the right choice after underperforming in several of his classes. Luckily, Vicente did not give up. Instead, he decided to ask for help; he reached out to his professors and received support from his peers ultimately allowing him to graduate and transfer to Sonoma State.

Vicente's ambitions did not stop after graduating from Sonoma State and earning his degree in Business and Economics. In Vicente's goal to become a Secret Service Agent, he joined the U.S. Air Force, was stationed in the United Kingdom, and supported the Armed Forces Europe (AE) and Air Force Space Command. Once his military service was completed he decided to utilize his G.I. Bill benefits to pursue a graduate degree at George Washington University. His graduate program allowed him to intern for the Executive Office of the President which ultimately helped him secure a position within the Department of State with the Bureau of Counterterrorism upon graduation. Vicente is currently pursuing a Law degree at the George Washington University Law School.

STUDENT SUCCESS



*The following is courtesy of
Lori Thomas, Professor of Ethnic Studies*

Joey Cedillo is an enrolled member of the Coyote Valley Band of Pomo Indians. His major is Natural Resources and aims to earn an Associate of Science degree at Mendocino College. His career goals include learning and gaining as much knowledge about the forest as possible to become a better ancestor and steward of the land. He strongly believes in taking care of the land and always giving more than what is taken from it. Joey started a forestry crew for his tribal nation, which is currently under development and flourishing. Joey consistently pursues to be the best version of himself, to lead by example for his tribal community, and he is always thinking of new and interesting ways to become self-sufficient. Joey wishes self-sufficiency for all tribal nations. Joey is the top student in his Native American History course, a UC/CSU class where he has outstanding attendance and academic standing.

Rosa Ceja-Lopez is a first-generation student at Mendocino College and plans to complete the Dental Assisting program. She is proud of leading by example her young daughters and teaching them that anything is possible! She has worked diligently towards the completion of her program for the past six years and is finally nearing her career goal of working as a dental hygienist. Rosa has perfect attendance and is currently the number one student in her Racial and Ethnic Relations class.

Cruz Billy is an enrolled member of the Hopland Band of Pomo Indians. He finds so much of what he is learning in a Native American History course as beneficial and loves learning about the diverse history of tribal groups in the country. Cruz is completing his first semester at Mendocino College and is a Computer Application and Office Administration major. Cruz is a stellar student and currently holds the highest position in his class. He has perfect scores on every assignment/exam.

Elaine Faye Figg-Hoblyn is working on her Associate of Arts degree in Sociology AND Psychology for Transfer at Mendocino College. Elaine has worked as a Social Worker III for Mendocino County for many years and has worked hard full-time while managing her family. As a non-traditional student, Elaine balances her coursework, job, and family obligations. Elaine plans to make a difference in policies that determine how children receive the social, behavioral, and mental health services they need, especially among foster youth and families. Elaine has perfect attendance and holds the highest score of all students in her online course in Racial and Ethnic Relations.

Virginia Monique Allen is a member of the Pinoleville Pomo Nation and is the granddaughter of Jane Allen, also known as her dad's "Big Gram". She is the niece of legendary Pomo basket weaver, Elsie Allen. Virginia is an animal science major at Mendocino College and has dreamed of becoming a veterinarian since she was a little girl. She works hard in her studies and has perfect attendance and the highest score in her Native American History class. Virginia works at a local veterinary clinic and is committed to finishing her coursework because she has lots of little cousins who are looking up to her as a role model.





What's Next in ATHLETICS

MEN'S BASKETBALL

Tue. Dec. 3 at 6:00 PM vs Santa Rosa | HOME

Thu. Dec. 5 at 7:00 PM vs Redwoods | AWAY

Sat. Dec. 7 at 1:00 PM vs Southwestern Oregon | AWAY

Thu. Dec. 12 at 3:00 PM vs Monterey Peninsula | AWAY

Fri. Dec. 13 at 6:00 PM vs Hartnell | AWAY

Sat. Dec. 14 at 3:00 PM vs San Jose | AWAY

Thu. Dec. 19 at 4:00 PM vs Los Medanos | AWAY*

Sat. Dec. 28 at 1:00 PM vs Contra Costa | HOME*

Thu. Jan. 2 at 5:30 PM vs Napa Valley | AWAY*

Sat. Jan. 4 at 1:30 PM vs Solano | HOME*

WOMEN'S BASKETBALL

Fri. Dec 13 at 12:00 PM vs Shasta | AWAY

Tue. Dec. 17 at 6:00 PM vs Los Medanos | AWAY*

Thu. Dec. 19 at 7:30 PM vs Contra Costa | HOME*

Thu. Jan. 2 at 7:30 PM vs Napa Valley | AWAY*

Sat. Jan. 4 at 3:30 PM vs Solano | HOME*

Wed. Jan. 8 at 7:30 PM vs Marin | HOME*

Fri. Jan. 10 at 7:30 PM vs Yuba | AWAY*

Wed. Jan. 15 at 7:30 AM vs Laney | HOME*

Fri. Jan. 17 at 7:30 PM vs Merritt | AWAY*

Fri. Jan. 24 at 7:30 PM vs Los Medanos | HOME*

denotes an Exhibition | * denotes a Conference | Bolded Event denotes a Home Game

Handshake Career Spark Awards 2024

MC CAREER HUB WINS AWARD

The Mendocino College Career Hub's Filemon Lara-Lopez was recently honored as a Handshake 2024 Career Sparks Award (CSA) Spotlight winner. Handshake, a popular career recruiting platform for college students and alumni, selected Filemon as one of *only four winners out of their 43,000+ users*. Handshake's Career Spark Awards program celebrates top career centers excelling in student engagement, employer engagement, and reporting and analytics.

Curious about using Handshake? Visit the Career Hub webpage [here](#), or call 707-468-3044 to learn more.



EOPS ANNIVERSARY AND END-OF-SEMESTER CELEBRATION

Tues., Dec. 3 | 11:30 am-1 pm | Lowery Student Center

Join us in celebrating EOPS' 55th Birthday along with our student's accomplishments this semester. Refreshments including cake and snacks provided. Free to staff and students.

Hosted by EOPS and Basic Needs.



MAKING GOOD FOOD CHOICES THROUGH THE HOLIDAYS

with Azucena Chavez-Huerta

Life Skill

Quality Relationships



Available via Zoom

WELLNESS WORKSHOP: MAKING GOOD FOOD CHOICES THROUGH THE HOLIDAYS

December 4 | 12:30 pm - 1:00 pm | Online via Zoom

Learn tips & strategies to maintain a healthy relationship with food this holiday season. Led by Azucena Chavez-Huerta.

For more Health & Wellness resources, visit us [here](#).

[Register Now!](#)

16th Annual Classified Senate

Holiday Fun Raiser

Silent Auction, Wine Pull, & Raffle

Support our Students!

Unique, handmade, and original gifts!

Finish your holiday shopping early!

December 5th, 2024

10 AM to 4 PM

LLRC Rm 4210 - Ukiah Campus

- in-person only -

This annual event has raised over \$50,000 for student scholarships to date!

ANNUAL HOLIDAY FUN-RAISER

Thurs., Dec. 5 | 10 am-4 pm | Library Rm. 4210

Silent Auction, Wine Pull, Raffle, and More! Get your holiday shopping wrapped up early with these unique, handmade, original gifts. All proceeds go toward student scholarships.



IF YOU'LL NEVER LEAVE ME, I'LL NEVER LEAVE YOU

November 12, 2024 - January 23, 2025

Photo and print media exhibition featuring over 20 works from the Mendocino College Permanent Collection generously donated by artist Loren Madsen. Also, featuring works by Coast Center photography instructor Markus Pfitzner, as well as a wall of his students' work.

Student works by Brienna Hall, Joanne Abramson, Mary Rose Kaczorowski, Al Kerr, Carolyn Mann, Sue Ochi, Ona Ryneerson, Mark Safron, Jon Shiu, and Rachel Slade.

Regular Gallery Hours:

- Tuesdays: 12:30 - 3:30 PM
- Wednesdays: 10:30 - 12:30 PM
- Thursdays: 12:30 - 3:30 PM

Viewings are also available by appointment

Artworks from top to bottom:

James Beaudan, Phyllis, solarized photograph, 1968

Mark Safron, black & white photograph

Loren Madsen, Earth & Water, 2017

AUDITIONS: MENDOCINO STORIES

Tue. Dec. 10, 2024 | 6 pm | Center Theatre

An original play based on real, local stories co-created by nationally acclaimed solo artist Dan Hoyle, Broadway & Hollywood actor Lucas Near-Verbrugghe, & Mendocino College Theatre Director Reid Edelman. This original production is based on a Mendocino County theme and utilizes the innovative "journalistic theatre" process developed by Dan Hoyle. For more info, contact Reid Edelman at redelman@mendocino.edu.

THE ARTS

JAZZ BAND CONCERT

MENDOCINO COLLEGE JAZZ BAND WINTER CONCERT

Thursday, Dec. 5 | 7:30 - 9:00pm | Center Theatre

Featuring the musical stylings of the Mendocino College Jazz Band students, led by Director Phillip Lenberg. FREE to all!

For more information about the Mendocino College Music Program, please visit our webpage, [here](#).



GALLERY VISITING ARTIST LECTURE SERIES: LOREN MADSEN

Wed., Dec. 4 | 3:30 pm-4:30 pm | MC Art Gallery

Featuring guest artist and woodworker, Loren Madsen. Loren Madsen has an extensive background in sculpture, conceptual art, and other media and has exhibited internationally. Currently, you can catch Loren's work at our very own Mendocino College Art Gallery in the exhibit, "If You Never Leave Me, I'll Never Leave You."



CERAMICS CLUB ANNUAL HOLIDAY SALE

Friday, Dec. 6 | 10 am-5 pm | Lowery Student Center

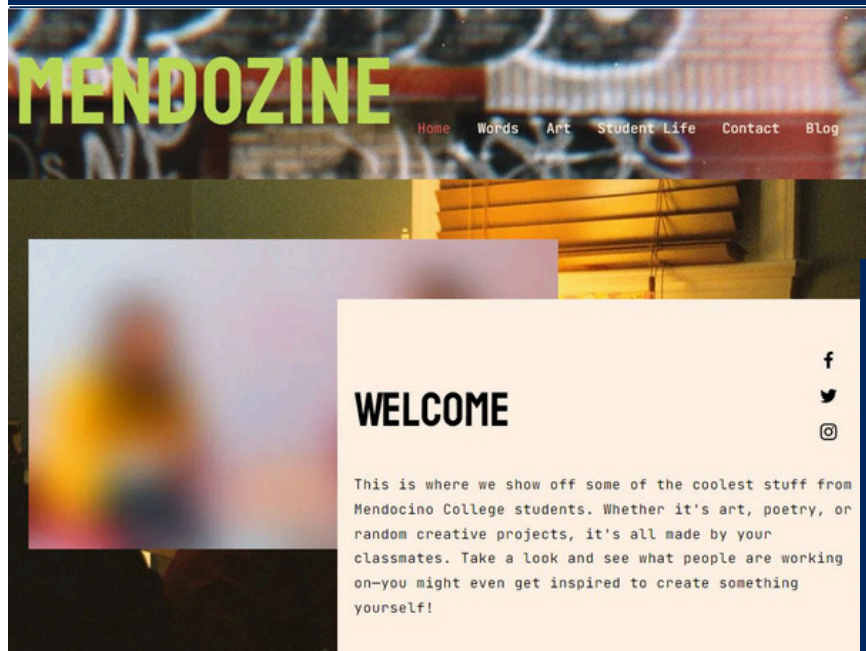
The Mendocino College Ceramics Club invites you to join us for the annual holiday ceramics sale! Find a one-of-a-kind gift to give or stock up for yourself. All proceeds go to supporting the Ceramics Club.



UKIAH SYMPHONY ORCHESTRA PRESENTS COPLAND THE POETIC

Dec. 7-8 | Sat. 7:30pm & Sun. 2 pm | Center Theatre

Join the Ukiah Symphony Orchestra, directed by Phillip Lenberg, with the Mendocino College Choirs for this poetically rich concert! Featuring mezzo-soprano soloist, Melinda Martinez Becker, & the Mendocino College Chorale directed by Janice Hawthorne Timm.



2024-25 ASMC REPRESENTATIVES

President: Lawrence Ortiz

Vice President: Jasmine Jewel

Secretary: [Vacant]

Treasurer: Kaylee Gaylord

Student Trustee: Lacretria (Cretia) Todeo

Student Ambassador:

Dylan Fraser-Gilbert

Activities Director: Evode Manirahari

Publicity Director: Clayton King

Ecology Director: Nicholas Lujan

Student Rights Advocate:

Adrienne Olson

Parliamentarian: [Vacant]

Ukiah Representative: Russell Furlong

North County Representative:

[Vacant]

Lake Representative:

Josephine Martin-Montes

Coast Representative: Misael Triplett

(Write-in majority)

Your student voice matters, thank you for voting!

MENDOZINE

The Mendocino College Book Club has launched a new, student-led website called Mendozine!

Mendozine is all about showing off the creative stuff you and your classmates are making. Whether it's artwork, poems, short stories, or whatever else, Mendozine gives you a space to share it.

Got something cool you want to submit? We're always down for new work! Just email us at lacestied@gmail.com or drop by a Book Club meeting if you want to show us what you've been working on.

So whether you're here to show off or just see what other students are up to, thanks for checking out the zine!

www.mendozine.com

ASMC PURPOSE

ASMC represents the student body of Mendocino College in all matters related to our college community.

ASMC BUSINESS

We raise money for student activities and scholarships;

We promote the individual student to take responsibility for their performance, health, well being and education.

ASMC VALUES

- We promote serving students of all ages through our programs and activities.
- We respect the ideas, opinions, contributions, and rights of all students.
- We promote high expectations, ethical and moral standards, positive reinforcement and recognition.
- We promote evaluation and feedback to enhance future learning.
- We promote self knowledge and understanding and independent thinking.

THE BULLETIN BOARD

pg. 12



FREE FOOD FOR ALL STUDENTS

MENDOCINO COLLEGE
STUDENT HELP DESK

Computer trouble?

A team of friendly computer science students are standing by to help resolve your technology-related issues!

EMAIL COMPUTER SUPPORT REQUESTS TO:
MENDOSTUDENTHELPDESK@GMAIL.COM



**MENDOCINO COLLEGE
CAREER HUB**

MONDAY - FRIDAY, 10 AM-6 PM

Ukiah Campus, Room 1250 in MacMillian Hall
Virtual Appointments Available

**CAREER ASSESSMENT | INTERVIEW COACHING
EMPLOYMENT CONNECTIONS | CAREER WORKSHOPS
RESUME/COVER LETTER GUIDANCE | & MORE**

www.mendocino.edu/career-hub
careerhub@mendocino.edu | 707-468-3044



THESE
THREE DIGITS
COULD
SAVE A LIFE

No matter where you live in the U.S., you can easily access 24/7 emotional support.

Call or text 988 or visit 988lifeline.org/chat to chat with a caring counselor.

We're here for you.

988
SUICIDE
& CRISIS
LIFELINE

CALL, TEXT, CHAT



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Drama Online
Films on Demand
&
Kanopy

Browse titles for various courses like Nursing, Native American History, Theater, Ethnic Studies & more.

✦ Want to see more titles?
Please email
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and we can look into it. ✦

