



THE EAGLE NEWSLETTER

Bringing Campus Life to Your Inbox

EARTH WEEK

Mendocino College's annual Earth Week event will be held April 22nd-April 25th in the Pomo Plaza and next to the Eagles Nest indoors. There will be an EV on display on April 25th from our Automotive Technology Department, along with Earth Friendly Food from our Culinary Arts Department. The annual Student Poster Competition is expanding this year! We're going to add another category, a Student Art Contest for art connected to sustainability and climate change. Art will be displayed in the library. A flyer will be coming out soon that will be sent to all faculty. Please share these activities with your students and if your department would like to take part in the event, please contact Rachel Donham (rdonham@mendocino.edu).

MENDOCINO COLLEGE AGRICULTURE DEPARTMENT
AND HORTICULTURE CLUB ANNUAL

Friday, April 26th
9 AM - 5 PM

Saturday, April 27th
9 AM - 3 PM



Spring Plant Sale

April 26th & 27th, 2024

UPCOMING EVENTS

Krenov Exhibit at Grace Hudson Museum

March 30 - August 18, 2024

Kaloxone Distribution Kick-Off Event

North County Center: Tues, April 16th 1-4PM

Lake Center: Wed, April 17th 12-2PM

Coast Center: Thurs, April 18th 9AM-12PM

Queer Prom

April 20th - Lowery Student Center, Ukiah

Elena Casanova in Concert (UCCA)

April 21 - Free to Students

Earth Week

April 22 - April 25th

Free Movie: The Miracle Worker

April 23, 2024

Lowery Student Center

Denim Day for Sexual Assault Awareness

April 24th. 11am-12pm

Free Student Dinner

April 24th at 5:30pm, Lowery Student Center

Spring Plant Sale & Surplus Sale

April 26th and 27th

Alex DeGrassi Benefit Concert

April 27th

Walking Moai

Mondays 12:30-1:30pm - meet at Pomo Plaza



Basic Needs

Our Food Pantry continues to grow and offer a variety of items for students. The Food Pantry is open Tuesday through Friday (9:00am – 5:00pm), on Monday the Food Pantry is open from (9:00 am – 7:00 pm). Fresh Produce is now being offered every Wednesday. (Avocados, Potatoes, Broccoli, Jams, Apples, Oranges, etc.)

Clothing Closet: Last Week of the Month

Food Distribution: April 24th

Free Student Dinner: April 24th at 5:30pm, Lowery Student Center

Dream Center

The Dream Center continues to serve Undocumented Students. Counseling is available to students every Monday (5:00pm – 7:00pm).

Legal Aid Available: <https://findyourally.com>

Eagle Support Center

April is a month full of celebrations! We will be celebrating National Deaf History Month and Earth Day!

On April 23rd, 2024 students will have the opportunity to watch the Miracle Worker at the Student Lowery Center. There were be free snacks and drinks provided.

WELLNESS:

Every Monday: Walking Moi (12:30-1:30) Meet at Pomo Plaza
4/17 Sharing Circle (3:30-4:30pm) Location: 4141

EVENTS:

4/12 Native American Motivation Day (9:00am-1:00pm)
4/20 Queer Prom (4:00pm-10:00pm) Location: Student Lowery Center
4/26 Latino Retreat (9:00am-2:00pm)

LIBRARY CORNER

We are here to support our Mendocino College students from all our campuses. We help students access free resources, tools, and services like:

- Lending Library
- Study Rooms
- Computer Stations
- Research Help
- Bus Passes
- Copy Center
- Office 365 for Students

Please note that the Student ID Machine has moved to the Welcome Center located in the MacMillan Lobby.

Spring 2024 Library Hours

Monday/Tuesday:
9am – 6pm

Wednesday/Thursday:
9am – 8pm

Friday:
9am – 4pm

QUEER PROM 2024

CALLING ALL CREATURES OF THE NIGHT!

THIS IS A SOBER EVENT & A SAFE SPACE FOR ALL

04/20/2024

FROM 4:00PM - 10:00PM

LOCATION: MENDOCINO COLLEGE
1000 HENSLEY CREEK RD, UKIAH
AT THE LOWERY STUDENT CENTER

OPEN ALL FOLKS AGES 12+

FREE ENTRY

THEME: **ROCKY HORROR SHOW**

COME IN COSTUME!

QUEER PROM 2024 PRESENTS

- REFRESHMENTS BY ELLERY CLARK CATERING
- LIVE MUSIC BY WEEVILISM
- DRAG AND Q+A BY TARRACOTTA CLAY
- SIT DOWN SHOWING OF ROCKY HORROR PICTURE SHOW
- QUEER PROM TALENT SHOW!!!

ROCKY HORROR PICTURE SHOW THE MOVIE WILL BE OFFERED TO ALL FOLKS AGES 16+
ALL FOLKS YOUNGER THAN 16 WILL NEED PARENT/GUARDIAN PERMISSION.
ALL ATTENDEES ARE SUBJECT TO BEING FILMED AND PHOTOGRAPHED

FOR MORE INFO ABOUT THIS EVENT PLEASE CALL: (707)462-7267 OR EMAIL US AT LGBTQ@MENDOCINO.EDU



WELLNESS SERVICES

Mendocino College Health & Wellness offers the following services to all students:

- Short-term Therapy (individual, group, family / couple / friendship)
- Connection to College and Community Resources
- Crisis Intervention and Support
- Wellness Workshops

Building resiliency for students is the focus of the wellness services offered at Mendocino College. Learn more and make an appointment at: www.mendocino.edu/wellness

NALOXONE

SAVES LIVES

Learn more at stopoverdose.org

COPE
COMMUNITY OVERDOSE
PREVENTION EFFORTS

Naloxone Distribution Kick Off
Tuesday, April 16th 1-4PM
Mendocino College North County Center

Wednesday, April 17th 12-2PM
Mendocino College Lake Center

Thursday, April 18th 9am-Noon
Mendocino College Coast Center



DENIM DAY FOR SEXUAL ASSAULT AWARENESS

Wednesday, April 24th is "Wear Denim" day. To promote Sexual Assault Awareness Month, Project Sanctuary will be on the Ukiah Campus from 11-2pm. Come by to engage in activities to support this effort. Wear denim to support this important campaign.

HEALTH & WELLNESS FAIR - MAY 8TH

Save the Date for the 2nd Annual Health & Wellness Fair Wednesday, May 8th at Pomo Plaza!

Relax, dance, listen to music, have lunch and restore balance as we head towards the end of the semester. We'll be asking for day of volunteers, so please look for the announcement if you want to be a part of this fun and festive event!



LIFE SKILLS

CALM BODY

QUALITY RELATIONSHIPS

MENDOCINO COLLEGE
**HEALTH &
WELLNESS FAIR**

Creating a strong, healthy campus community

MAY 8, 2024
11:00AM - 2:00PM
MENDOCINO COLLEGE, POMO PLAZA
UKIAH CAMPUS



We invite you to join us in creating a festive and informative experience for our students and community. To learn more contact 707-468-3222 or HWFair@mendocino.edu.

FIRST ANNUAL STUDENT LEADERSHIP CONFERENCE RECAP

ASMC hosted its first Student Leadership Conference on Wednesday March 20 to promote student involvement opportunities. It highlighted the three main entry points for students to gain leadership experience: Student Senate, Student Clubs, and Participatory Governance on campus committees. Former Advisor Phil Warf was honored for 13 years of service to the ASMC.

QUEER PROM

ASMC is a part sponsor for Queer Prom 2024. We are recruiting volunteers! This LGBTQ+ event will take place on Saturday, April 20. It will feature a showing of the Rocky Horror Picture Show, Polaroid Photos, and more. Contact ask.asmc@gmail.com to volunteer.

HYDRATION STATIONS

ASMC recently amended a previously approved budget, now totalling \$52,000, to update the hydration stations in every building on the Ukiah Campus. The student senate also approved the installation of a second station in the Library. ASMC purchased the previous hydration stations and remains committed to the best possible availability of this basic student need. Facilities will soon assess hydration station needs on satellite campuses.

ADVOCACY UPDATE

ASMC President Lisa Baker went to Sacramento on March 7th to advocate for students on issues that are common to community college students in California. She spent the morning meeting with Assemblyman James Gallagher and Senator Brian Dahle as an affiliate of Student Senate for California Community Colleges. They discussed CalGrant Reform protection, affordable student housing, and EBT access on campuses, among other issues. Several hundred students marched to the capital to bring awareness to student needs and to put pressure on lawmakers to act in the interest of their future workforce constituency.



2023-24 ASMC REPRESENTATIVES

President: Lisa Baker

Vice President: Russell Furlong

Student Trustee: Lawrence Ortiz

Treasurer: Kaylee Gaylord

Secretary: Thaïs Springer

Student Ambassador: Dylan Fraser-Gilbert

Activities Director: Jasmine Jewel

Publicity Director: Timothy Allred

Ecology Director: Nicholas Lujan

Student Rights Advocate: Nicholas Lujan

Parliamentarian: Gabriel Cruz

Ukiah Representative: Sara Brown

Lake Representative: Maria Dahlin

North County Representative: Vacant

Coast Representative: Vacant

Activities Director: Jasmine Jewel

ASMC ELECTIONS

- Candidacy packets will be available by: Tuesday, April 23
- Packets and qualification due no later than: Tuesday, May 7
- Campaign Week: May 8 - 14
- Election Day: Tuesday, May 14
- Incoming officer welcome: May 17 or 24
- Orientation: August 2024

COLLEGE ASSISTANCE MIGRANT PROGRAM (CAMP)

March 2024



CAMP Director, Mariana, along with Eagles Support Staff - Maria and Kyle, participated in the Children's School Read Across America event in early March.



12 CAMP scholars participated in the annual California CAMP Student Leadership Conference that was hosted by West Hills Community College CAMP program. The conference was held at West Hills Community College Lemoore campus with the theme of "I have Potential". The conference is a three-day event. The conference started on Friday, March 8th with a wonderful group leadership activity, dinner, and speakers. Topics for the evening included Sense of Belonging and Cultural Pride with CSU San Marcos CAMP Director Maria Escobedo Venegas and Dr. Manuel Santillana.

The second day was packed. The day started with a Networking session. Students created their digital business card that they got to share with other CAMP students. It is part of the Professional Day

The month of March was busy for CAMP scholars. We had some great speakers in the CAMP CCS class. Early in the month, CAMP CCS students learned a lot about small business entrepreneurship with the visit of Adrian from Mitote Café. Mitote Café is a hot pink coffee house on wheels with a Mexican twist. The menu includes a gansito frappe, horchata latte, and every month an opportunity for IG and Facebook followers to pick a new flavor such as Mazapan Frappe. Adrian is a local entrepreneur that just opened his small business. Because it is a coffee house on wheels, he can post in different locations and some of those include Ukiah High School and Mendocino College.

Another speaker CAMP CCS scholars had an opportunity to hear from is Mendocino College Board President Xochilt Martinez. Xochilt shared with students about her career in healthcare and about her role as a board trustee. Many CAMP scholars are interested in careers in healthcare such as medicine and physical therapy. Her visit was a highlight for scholars as they learned of her many roles and ways in which she helps the community. Xochilt is also the first Latina woman to hold the position of board president for the Mendocino College board of trustees.



CAMP participated in the College and Career Fair at Lake Center and North County Willits campus. A great opportunity to connect with potential Mendocino College and CAMP students. CAMP is recruiting and getting Interest Forms from potential students.



activities. Learning to use technology to create a larger network. Then CAMP scholars participated in workshops such as "Healthy Relationships/Holistic Wellness", "How to apply for internships", and the "Impostor Phenomenon". CAMP scholars really enjoyed the Healthy Relationship workshop. The evening finished with dinner and a dance. The dance is a highlight of this conference. Students get to enjoy each other's company after a long day of networking and learning.

On the last day, participating CAMP scholars had the opportunity to get words of wisdom from CAMP alumni from their college experiences to how they got into their careers. CAMP scholars also took a group picture with all students that attended the conference, in this case about 125 students plus CAMP staff.

COLLEGE ASSISTANCE MIGRANT PROGRAM

March 2024 Continued



CAMP students also visited the Arte Americas cultural center. They had the opportunity to take a guided tour on the Yolanda Lopez Portrait of the Artist exhibit titled "Getting Through College".



Students learned about Yolanda and her artwork showcasing getting through college by running. They also got to see the famous Virgen de Guadalupe art work that she created, "...Las mujeres que estan vivas, que respiran ta, bien merecen el respeto y amor prodigo a Guadalupe..."



Mendocino College CAMP Director and CSU San Marcos CAMP Director Maria Escobedo Venegas, had the honor to present at the AHSIE 16th Annual Best Practices Conference, "Nuestros Cuentos: Sowing Seeds of Resilience and Persistence: Our presentation titled, "Their hands feed the country, their minds will lead the world: College Assistance Migrant Program (CAMP) shared best practices from our 12 collective programs in the state of California highlighting servingness at Mendocino College and CSU San Marcos.

ANNUAL STUDENT ART SHOW

The Annual Student Show is around the corner! This is our biggest show of the year, featuring 200+ Mendocino College student-made artworks from the Coast, Lake, and North County Centers as well as Ukiah Campus and Dual Enrollment students. See info on our website, under Annual Student Show tab: [MC Art Gallery](#).

This show offers an exciting mix of works across disciplines, from oil painting, watercolor, and ceramic to photography, printmaking, drawing, and Dada-inspired sculpture. Please drop by!

The Opening Reception will be on April 25th with an interactive Draw-a-thon in coordination with the MC Dance Repertory Company. Light refreshments will be served, catered by the MC Culinary Arts Department.

The Student Show will be open: April 19th - May 19th with special Extended Gallery Hours: Tuesdays: 12 - 6 PM, Wednesdays: 12-3 PM, Thursdays: 3-6 PM, and by appointment

The Gallery will also be open to ticket holders for most Center Theatre performances, including the Spring Dance Festival, May 2 - 5.



Please join us for the biggest show of the year featuring 200 works of art from Mendocino College students working in Photography, Ceramics, Painting, Printmaking and beyond. Student work from the Coast Center, Lake Center, North County Center and the Ukiah Campus is represented, as well as Dual Enrollment students.

Annual Student Show

April 19 - May 19, 2024

**ARTIST RECEPTION & DRAW-A-THON:
APRIL 25TH, 4-6PM**

The opening reception will include an interactive 'Draw-a-thon'. Dancers from the Mendocino College Repertory Dance Company will model in costume for anyone who would like to try their hand at drawing from life, materials provided.
Light refreshments will be served.

Mendocino College Gallery
1000 Hensley Creek Rd., Ukiah - CVPA Theatre Lobby
Gallery Hours: Tues/Thurs 3-6PM, Wed 12-3pm,
and by appointment
www.mendocino.edu/gallery

Mendocino College Dance Department presents the 42nd Annual

Spring Dance Festival

May 2 - 5, 2024



Original Dance Works · Live Music · Visual Arts

Mendocino College Dance Department presents the 42nd Annual

Spring Dance Festival

Produced by Eryn Schon-Brunner

Original dance works, live music and visual arts collide in celebration of student, alumni, faculty and guest artist's work. Contemporary, ballet, jazz, tap, hip-hop, Middle Eastern, Ballet Folklorico performance art and more will enliven the Mendocino College Center of Visual and Performing Arts Theatre on May 2nd, 3rd & 4th at 7:30pm, May 5th at 2pm!

Don't miss the chance to view choreography by Peter Campbell, Julie Castillo, Gerard Juszcak, Isabella Marino, Randi Page, Rocio Ramos, Paloma Rodriguez, Shianne Robertson, Kirsten Turner, Eryn Schon-Brunner, Eddie Vedolla, Megan Youell and musical stylings of Larsen Brunner and Cassius Mayhugh. Join us on May 3rd at 7pm for Spring Dance Festival preshow Scholarship Gala, with wine and hors d'oeuvres catered by the Mendocino College Culinary followed by the performance at 7:30pm. Family Friendly!



SHOWTIMES:

May 2nd at 7:30pm - \$10

May 3rd Scholarship Gala at 7:00pm
Performance at 7:30pm - \$15

May 4th at 7:30pm - \$10

May 5th at 2pm - \$10

Tickets: \$10 All Ages - Friday Scholarship Gala \$15

Available at Mendocino Book Company, online at

www.artsmendocino.org or call (707) 468-3079

MENDOCINO COLLEGE CAREER HUB

Mendocino College Career Hub is open Monday through Friday, 10 am–6 pm. The Career Hub is located at the Ukiah campus, room 1250 in MacMillian Hall. Our services include career assessment, resume/cover letter guidance, interview coaching, employment connections, career media & resources, and career workshops & events. Virtual meetings are also available. For more information about the Career Hub, visit our webpage at www.mendocino.edu/career-hub, email careerhub@mendocino.edu, or call 707-468-3044.

For local job postings, please create a Handshake account using your Mendocino student email address. Visit joinhandshake.com or download the Handshake app to set up an account. The Handshake website and app can also be used to create an appointment for the Career Hub!

FRIENDS OF MENDOCINO COLLEGE MUSIC PROGRAM BENEFIT

A BENEFIT FOR THE FRIENDS OF MENDOCINO COLLEGE MUSIC PROGRAM

ALEX DE GRASSI AND FRIENDS

**SATURDAY
27. APR
7:00 PM**

GUITAR NIGHT

AN ECLECTIC EVENING OF SOLO, DUO AND
ENSEMBLE GUITAR PERFORMANCES.

FEATURING
ALEX DE GRASSI
W/GUEST GUITARISTS, FACULTY AND STUDENTS
OF THE GUITAR PROGRAM

TICKETS: \$30 ADVANCE \$35 DOOR
Mendocino Bookstore/Mazahar (Willits)
Online at: Brown Paper Tickets
(link in description)

at the LITTLE THEATRE
Mendocino College
1000 Hensley Creek Rd., Ukiah CA 95482



For more information:
adegrassi@mendocino.edu

STUDENT EDUCATION PLAN

Do you have a student education plan? A student education plan (SEP) maps out all of the courses you need to earn a certificate, associate degree or to transfer to a university to earn a bachelor's degree. When you have a student education plan, you save time and money. Schedule an appointment with a Mendocino College counselor to develop a SEP. If you are unsure about a major, consider meeting with a career counselor to discuss your interests and explore your options. Send an email to counselingappointments@mendocino.edu or call (707) 468-3048 to schedule an appointment.

CAREER COUNSELING

Career counseling can help you define your academic and career goals and guide you to resources to make it happen. Start exploring your options today!



Get Help With:

- ✓ Declaring a major or changing your major
- ✓ Career planning & decision-making
- ✓ Career information & resources

**Check out our new
career exploration
program, Wingspans!**



**All services are offered
remotely via phone or
Zoom**

To Schedule an Appointment:

- ☎ (707) 468-3048
- ✉ counselingappointments@mendocino.edu



Enter For a Chance to Win \$100!

What and Who? Competition for the best scientific poster and for best original artwork focusing on sustainability and climate change. Entries can be made by individual MC students or pairs. There will be three \$100 prizes awarded: (1) **Judge's Choice for Best Scientific Poster** (selected by MC science faculty); (2) **Judge's Choice for Best Original Artwork** that includes a short statement of the artwork's meaning and significance (selected by MC art faculty); (3) **People's Choice** (selected by public vote).

Posters will be judged based on the thoroughness and accuracy of the information, and the quality of references (peer-reviewed sources preferred), language (i.e. grammar, punctuation, etc), and visuals (images, charts, etc).

Work must be original-no plagiarism will be allowed.

Original artwork will be judged based on demonstration of effort, time spent and attention to both form and content (i.e. material manipulation/craftsmanship and concept/meaning such as the connection to sustainability), submission should include a short statement describing the artwork and your intention (maximum length 500 words), artwork should have been created within the last three years. All mediums accepted.

When and Where? Please deliver your artwork to the Library by noon on 4/22. Please pick up your art work in the library the week of 4/29. Posters should be set up in the Student Center (Lowery Building) by noon on 4/22 or dropped off at the Library prior to this date. Please pick up your poster by 4/25 after 3:30 pm, or in the library the next week. Please label your poster or art work with your name and MC email. Voting will occur in the Lowery Center from 4/22-4/25 (please vote for your favorite!), with winners announced the next week.

Poster Design? There is no single right way to design your poster, but you can use the templates below as a starting point. Please include references and a title and list your name on the front and contact info on the back.

Information	Title of Project Class Name, Grade, School	Information
	Photo or Original Drawing	Photo or Original Drawing
Materials Used	More Info	More Info
	Photo or Original Drawing	Bibliography

Literature Review Poster Template

Question	Title of Project Name, Grade, School	Results (An overview of your findings)
Background Research	Data Table	Graph
Hypothesis		Conclusion
Materials	Photo	Photo or Original Drawing
Procedure		Bibliography

Experimental Research Poster Template

For more information contact Rachel Donham (rdonham@mendocino.edu), Chris Ineich (cineich@mendocino.edu), or Brianna Zuber (bzuber@mendocino.edu)

GRACE HUDSON MUSEUM OPENS NEW EXHIBITION:

DEEP ROOTS, SPREADING BRANCHES: FINE WOODWORKING OF THE KRENOV SCHOOL

Museum explores the 40+ year history of the School, while showcasing numerous examples of fine furniture and crafted wood arts.

NOW OPEN at the GRACE HUDSON MUSEUM!

deep roots, spreading branches: fine woodworking of the krenov school

March 30 through August 18

This show focuses on the over 40-year history of the Krenov School of Fine Woodworking in Fort Bragg, Mendocino County. It explores the philosophy and practice that made James Krenov a master woodworker and teacher, and features examples of his own work and fine furniture made by current and former instructors, and by graduates of the program.

Many thanks to our exhibition sponsors: The Krenov Foundation, the Sun House Guild and Museum Members, The Krenov School, Mendocino College, Lie-Nielsen Toolworks.



ATHLETICS

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MEN'S BASEBALL



Apr 18 (Thu) 2:30 PM PDT
VS CONTRA COSTA *



Apr 23 (Tue) 12:00 PM PDT
VS YUBA



Apr 23 (Tue) 2:30 PM PDT
VS YUBA *



Apr 26 (Fri) 1:00 PM PDT
VS YUBA *

WOMEN'S SOFTBALL



Apr 17 (Wed) 1:00 PM PDT
VS REDWOODS *



Apr 17 (Wed) 3:00 PM PDT
VS REDWOODS *



Apr 20 (Sat) 12:00 PM PDT
VS LASSEN *



Apr 20 (Sat) 2:00 PM PDT
VS LASSEN *



Apr 23 (Tue) 12:00 PM PDT
VS BUTTE *



Apr 23 (Tue) 2:00 PM PDT
VS BUTTE *

TO LEARN MORE ABOUT ATHLETICS VISIT: WWW.MENDOEAGLES.COM

THE BULLETIN BOARD

MENDOCINO COLLEGE

FOOD PANTRY



FREE FOOD FOR ALL STUDENTS



MENDOCINO COLLEGE

STUDENT HELP DESK

Computer trouble?

A team of friendly computer science students are standing by to help resolve your technology-related issues!

EMAIL COMPUTER SUPPORT REQUESTS TO:
MENDOSTUDENTHELPDESK@GMAIL.COM