



THE EAGLE NEWSLETTER

Bringing Campus Life to Your Inbox

EOPS, CARE, NEXTUP ACCEPTING APPLICATIONS

EOPS, CARE, and NextUp programs are accepting applications!

Services can include:

- Book Grant or Voucher
- Tools for School
- Meal/Gas Cards
- Counseling Services
- Additional services for
- Additional service for current or former foster youth.

And much more!

Are you a current or former foster youth under the age of 26? The NextUp program can help you with additional resources to be successful.

Visit www.mendocino.edu/eops to apply for EOPS, CARE or NextUp.

UPCOMING EVENTS

Clothes Closet OPEN

February 1st and 2nd
Lowery Student Center, Ukiah Campus

Free Dinner for Students

February 7th at 5:30pm
Lowery Student Center, Ukiah Campus

New World String Project

Free to Students
February 18th at 2:00pm
CVPA Big Theatre, Ukiah Campus

Free Dinner for Students

February 20th at 5:30pm
Lowery Student Center, Ukiah Campus

Art Gallery Exhibit: Creative Streak

February 22nd-Mar 21st
Mendocino College Art Gallery

CalFresh Outreach & Open Clothes Closet

February 26th - March 1st
Lowery Student Center, Ukiah Campus

Free Food Distribution for Students

February 28th at 12pm-2pm
Lowery Student Center, Ukiah Campus

Free Dinner for Students

February 28th at 5:30pm
Lowery Student Center, Ukiah Campus

Wellness Workshop: Financial Health

February 28th at 12:30-1:20pm
Register online



MENDOCINO COLLEGE

LATE START CLASSES



IT'S NOT TOO LATE!

WWW.MENDOCINO.EDU/LATE-START

B.A. IN LIBERAL STUDIES

SONOMA STATE UNIVERSITY

Did You Know You Can Earn Your BA in Liberal Studies from Sonoma State University Right Here In Ukiah?

If you live in Lake or Mendocino Counties, you can obtain your bachelor's degree in Ukiah by taking a mixture of face-to-face, hybrid and online courses taught by SSU faculty. Face-to-face meetings are scheduled evenings and weekends at Mendocino College for students with work, family or other commitments that do not allow them to join traditional programs on the SSU main campus in Rohnert Park. The BA program offers coursework in the social sciences, humanities, and natural sciences. Like other liberal arts majors, the Liberal Studies-Ukiah major is designed to provide students with a broad educational background that is excellent preparation for students interested in careers in teaching or counseling, the legal profession, or business, as well as graduate work in the social sciences and the humanities. The program accepts students in both Spring and Fall semesters and late applications are often approved. More information can be found at ukiah.sonoma.edu.



2023-24 ASMC REPRESENTATIVES

President: Lisa Baker

Vice President: Anthony Billy

Publicity Director: Thais Springer

Activities Director: Mia Uribe

Ecology Director: Nicholas Lujan

Ukiah Representative: Russell Furlong

ASMC PURPOSE

ASMC represents the student body of Mendocino College in all matters related to our college community.

ASMC BUSINESS

We raise money for student activities and scholarships;

We promote the individual student to take responsibility for their performance, health, well being and education.

ASMC VALUES

- We promote serving students of all ages through our programs and activities.
- We respect the ideas, opinions, contributions, and rights of all students.
- We promote high expectations, ethical and moral standards, positive reinforcement and recognition.
- We promote evaluation and feedback to enhance future learning.
- We promote self knowledge and understanding and independent thinking.

BLACK HISTORY MONTH FEBRUARY 2024 CELEBRATES BLACK ARTISTS



Smithsonian

NINA *sang.*
ALVIN *danced.*
GORDON *photographed.*
LORRAINE *wrote.*
MAYA *spoke.*
SO, I CAN _____.

1. Maya Angelou, 1970. Photograph by G. Marshall Wilson. 2. Gordon Parks, 1993. Photograph by Fred Watkins Jr. 3. Nina Simone, ca. 1967. Photograph by Monroe Frederick II. 4. Lorraine Hansberry, 1959. Photograph by Moneta Sleet Jr. Johnson Publishing Company Archive. Courtesy J. Paul Getty Trust and Smithsonian National Museum of African American History and Culture

The story of Black History Month begins in Chicago during the summer of 1915. An alumnus of the University of Chicago with many friends in the city, Carter G. Woodson traveled from Washington, D.C. to participate in a national celebration of the fiftieth anniversary of emancipation sponsored by the state of Illinois. Thousands of African Americans traveled from across the country to see exhibits highlighting the progress their people had made since the destruction of slavery. Awarded a doctorate in Harvard three years earlier, Woodson joined the other exhibitors with a black history display. Despite being held at the Coliseum, the site of the 1912 Republican convention, an overflow crowd of six to twelve thousand waited outside for their turn to view the exhibits. Inspired by the three-week celebration, Woodson decided to form an organization to promote the scientific study of black life and history before leaving town...

[READ MORE ON THE LIBGUIDE](#)



LIBRARY CORNER

We are here to support our Mendocino College students from all our campuses. We help students access free resources, tools, and services like:

- Lending Library
- Study Rooms
- Computer Stations
- Research Help
- Bus Passes
- Copy Center
- Office 365 for Students

Please note that the Student ID Machine has moved to the Welcome Center located in the MacMillan Lobby.

Spring 2024 Library Hours

Monday/Tuesday: 9am -6pm

Wednesday/Thursday: 9am - 8pm

Friday: 9am - 4pm

Meet the: Hispanic Serving Institution (HSI) Student Success & Retention Center Team



707.468.3273
dlopez@
mendocino.edu

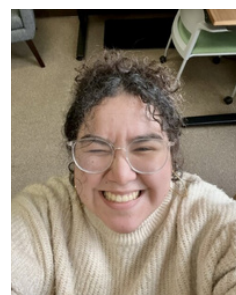
Dariela Lopez - Lake Center, Rm 7023

Hello/Hola! I am Dariela Lopez, part of the Student Success and Retention Center, where I will be working as a Student Retention Specialist at the Lake Center. I was previously a Mendocino College student, and am excited to return as a new staff member. After my time at Mendocino College, I transferred to Chico State University where I earned my B.S. in Microbiology.

I was born in Mexico but grew up in Ukiah, CA. Despite being away from the Ukiah area at times, I always find myself coming back to beautiful Ukiah. Now that I am here, I am looking forward to being part of the Lake Center community.

If you have any questions or just want to say hi, please feel free to stop by my office anytime!

Tiene alguna pregunta o duda? No dude en ponerse en contacto conmigo o pase por mi oficina!



707.468.3047
mzepeda@
mendocino.edu

Maria Zepeda - Ukiah, MacMillan 1260

Hi, my name is Maria Zepeda, and I am the Student Retention Specialist for the Ukiah and North County Center. I have been a part of the Ukiah community my whole life, having grown up in Ukiah while living with my parents and two siblings.

Before working at Mendocino College, I studied at CSU Chico and received my bachelor's degree in Psychology and Multicultural studies. Now that I am back home, my purpose as a Retention Specialist is to help students be successful and complete the goals they set for themselves. I am excited to meet fresh faces and work with the Mendocino College community.

If you have any questions or just want to stop by, find me at the Student Success and Retention Center in MacMillan Hall, room 1260 at the Ukiah campus. Hope to meet you soon!



707.468.3232
rrenteria@
mendocino.edu

Roberto Renteria - Ukiah, MacMillan 1260

Hi, my name is Roberto Renteria. I currently serve as the HSI Program Manager overseeing the Student Success and Retention Center.

I was born and raised in Fort Bragg, CA but my family is from a small town in Zacatecas, Mexico. I am a first-generation college graduate and the only one of my siblings with a Masters and Doctorate. As a college student, I attended San Jose State University, the University of San Francisco, and San Francisco State University. In these last ten years, I have worked at Sonoma State University, the University of Nevada, Reno, San Jose State University, the University of the Pacific, and now Mendocino College.

As an educator, I get to help students through their college career, so if you ever have any questions or need support, please stop. I am here to help.

Por favor, si tienes alguna duda o pregunta pasa por mi oficina o llámame.

Meet the: Native American Student Support & Success Staff



707.468.4603
kwhiterock@
mendocino.edu

Kyle Whiterock - Ukiah, Lowery 760

Hello, my name is Kyle Whiterock. I am the Student Retention Specialist for the Native American Student Support & Success Program at Mendocino College.

I am a member of the Yokayo Tribe of Indians and a proud member of this team. I am located at the Ukiah campus, in the Native American Student Resource Center, Lowery Room 760. As a former student, and peer mentor for the NASRC, I am glad to be back in this space and at this campus. It is an honor to work with students and help them on a path toward success.

I have an Associate in Communication Studies and Psychology and am currently working towards a Bachelor's in Social Work at CalPoly Humboldt. Working in a Tribal community is a big stepping stone toward building our youth and current students in a powerful healing environment. Being able to be in this position not only strengthens the bond for our tribes, but it uplifts and inspires new and continuing students. I hope to make a difference in the lives of youth, tribes, and students.

Please stop by and or send me a message if you have any questions.



707.468.3119
bwilliams@
mendocino.edu

Brian Williams - Ukiah, Lowery 760

Hi. My name is Brian Williams. I am currently serving as the Program Manager for our Native American Student Success & Support Program. I am happy to say, I am a product of Redwood Valley Rancheria Little River Band of Pomo Indians, located in Redwood Valley, California.

I am the first in my family to attain a Bachelor's and/or Master's degree. I am also proud to say I married my high school sweetheart and we have two amazing children who keep us very happy and busy in life. When I am not making amazing memories with my family, you can find me working with my Native tribal government as the Vice Chairman, coaching wrestling or baseball in the Ukiah Valley area, or running the non-profit which I founded in 2021 to support local under-served community youth/members.

Working with all humans to promote the best version of who they want to be is my passion and purpose in life. Feel free to come down to the Student Resource Center in Lowery to get a snack and say hello.

WELLNESS

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WELLNESS SERVICES

Mendocino College Health & Wellness offers the following services to all students:

- Short-term Therapy (individual, group, family / couple / friendship)
- Connection to College and Community Resources
- Crisis Intervention and Support
- Wellness Workshops

Building resiliency for students is the focus of the wellness services offered at Mendocino College. Learn more and make an appointment at:

www.mendocino.edu/wellness



WELLNESS WORKSHOP SERIES

Wednesdays from 12:30-1:20pm
Ukiah Campus, LLRC 4112
and via Zoom at select MC Centers



REGISTER TODAY!

wellness@mendocino.edu
707-621-6463
www.mendocino.edu/wellness

<p>FEBRUARY 28, 2024 FINANCIAL HEALTH Making Money Last</p>	
<p>MARCH 6, 2024 CREATING STUDY SPACES Setting Your Internal and External Environment to Promote Learning</p>	 
<p>MARCH 20, 2024 APPROACHING DIFFICULT CONVERSATIONS Communication Strategies for Success</p>	 
<p>APRIL 3, 2024 MANAGING OUR BUSY LIVES Balancing the Wheel of Time Demands</p>	 

Quality Relationships



Calm Body




Life Skill



Sharing Circle


If you are experiencing grief, loss, life transitions, or other challenges, the circle is an opportunity to share in a safe, confidential environment.

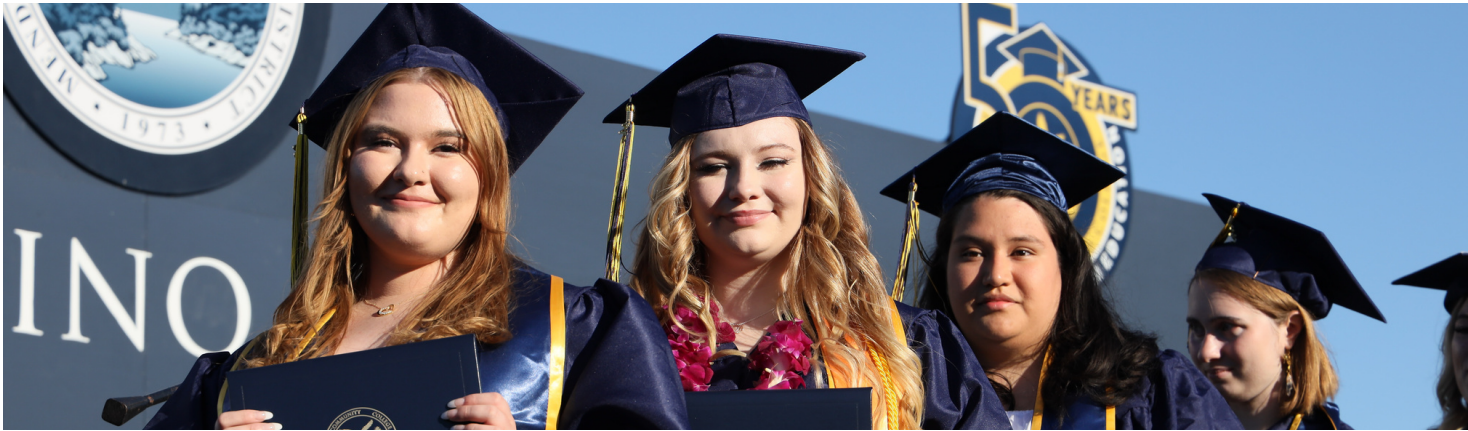


All groups start at 3:30pm
In-person: Room LLRC-4141

2/21 - IN-PERSON
3/6 - ZOOM
3/20 - IN-PERSON
4/3 - ZOOM
4/17 - IN-PERSON

Register for zoom link





IT TIPS:

RECOVERING YOUR PASSWORD

Your college username is typically your first name, a period, and your last name. People with very common names may have a number at the end of their username if someone else already had that name.

For students that have completed the PortalGuard Self-Service enrollment, to reset your password, go to <https://mendocino.onbio-key.com/sso/default.aspx> and click on the Unlock/Reset Forgotten Password button. It will ask for your username, which is the same username you use for MyMendo or Canvas, typically your first name, a period, and your last name. Click Continue. Select "Reset Forgotten Password" and click Continue. On the next page, select whether you want to answer your challenge questions or have a one-time password emailed to your personal email address. Answer your challenge questions or enter the one-time passcode and click Continue. You can then set your new password.

If you are unable to reset your password this way, just email it-help@mendocino.edu or call 707-468-3210 and we can reset your password for you. Please provide your full name and college student ID number or date of birth.

MENDOCINO COLLEGE
STUDENT HELP DESK

Computer trouble?
A team of friendly computer science students are standing by to help resolve your technology-related issues!

EMAIL COMPUTER SUPPORT REQUESTS TO:
MENDOSTUDENTHELPDESK@GMAIL.COM

MENDOCINO COLLEGE
FOOD PANTRY

FREE FOOD FOR ALL STUDENTS

VETERANS SERVICES
 707-468-4602
VETERANS@MENDOCINO.EDU
WWW.MENDOCINO.EDU/VETERANS

FREE SUPPORT & SERVICES

VETERANS' SERVICES

SUPPORTING THOSE WHO HAVE SERVED.

- We can help you with the following:
- Assistance with the application and registration process.
 - Eligibility for priority registration.
 - Evaluation of military transcripts and DD-214s for college credit
 - Support with VA education benefits
 - Evaluation of educational progress toward degree and certificate programs
 - Connection with community resources
 - Textbook Lending Library

CREATIVE STREAK

Works in Series

featuring
MONA CLIFF
ESTHER SIEGEL
SPENCER BREWER
LINDA MACDONALD
SHANNON SULLIVAN

Feb 18 - Mar 21

Mendocino College Gallery
1000 Hensley Creek Road, Ukiah

Gallery Hours:

Tues: 3-6PM

Wed: 12-3PM

Thurs: 3-6PM

www.mendocino.edu/gallery

Opening Reception
Feb 22nd, 4-6PM

"Working in a series allows me to explore a theme or concept in varied ways. I can work my way down a path to unexpected outcomes, which helps lead my work to areas of continued exploration..."
-Mona Cliff



LOS ANGELES GUITAR QUARTET
NOVEMBER 5 AT 2PM

NEW WORLD STRING PROJECT
FEBRUARY 18 AT 2PM

ELENA CASANOVA
APRIL 21 AT 2PM



FREE FOR STUDENTS

UKIAH COMMUNITY CONCERTS

MENDOCINO COLLEGE CENTER THEATRE

DETAILS: WWW.UKIAHCONCERTS.ORG

As part of our on-going educational outreach program, free tickets are available to youth 17 and under when accompanied by an adult, and to full-time (12 units) college students. Free tickets must be reserved in advance by calling 707-463-2738 with name, phone number and email address. For more information, please contact the UCCA at 707-463-2738 or email us at info@ukiahconcerts.org

COAST CENTER PHOTOGRAPHY EXHIBIT

The Coast Center Student Photography & Digital Imaging Exhibit, representing efforts from this past Fall semester, is on display at the Coast Center's 100 Building now through May 31.

Included are works from Joanne Abramson, Ruth Dobberpuhl, Ken Gillispie, Cindy Gonzalez, Al Kerr, Raul Medina, Sue Ochi, Ona Rynearson, Jon Shiu, Mark Safron, and Erin Thomas.

ATHLETICS

WOMEN'S BASKETBALL



February



Feb 07 (Wed) 5:30 PM PST

VS SOLANO *



Feb 09 (Fri) 5:30 PM PST

VS MARIN *



Feb 16 (Fri) 5:30 PM PST

VS LANEY *



Feb 23 (Fri) 4:00 PM PST

VS SAN FRANCISCO

MEN'S BASKETBALL



February



Feb 07 (Wed) 7:30 PM PST

VS SOLANO *



Feb 09 (Fri) 7:30 PM PST

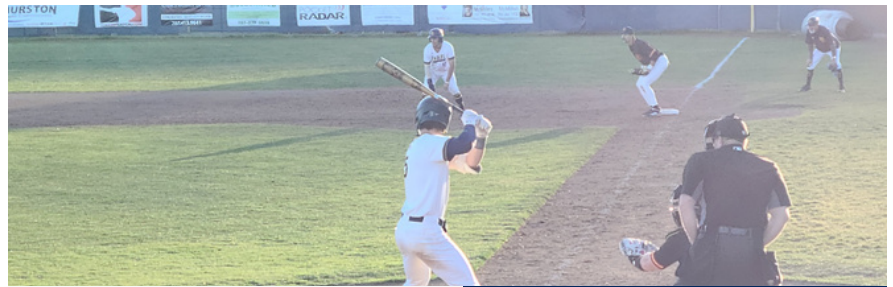
VS MARIN *



Feb 16 (Fri) 7:30 PM PST

VS ALAMEDA *

MEN'S BASEBALL



February



Feb 06 (Tue) 1:00 PM PST

VS COSUMNES RIVER



Feb 09 (Fri) 11:00 AM PST

VS SISKIYOU



Feb 09 (Fri) 2:00 PM PST

VS SISKIYOU



Feb 10 (Sat) 11:00 AM PST

VS SISKIYOU



Feb 10 (Sat) 2:00 PM PST

VS SISKIYOU



Feb 14 (Wed) 1:30 PM PST

VS FEATHER RIVER



Feb 15 (Thu) 1:00 PM PST

VS FEATHER RIVER



Feb 22 (Thu) 2:00 PM PST

VS FOLSOM LAKE

WOMEN'S SOFTBALL



February



Feb 24 (Sat) 12:00 PM PST

VS LASSEN



Feb 24 (Sat) 2:00 PM PST

VS LASSEN

Hey, incoming & existing MC Students!



APPLY TODAY *for*
SCHOLARSHIP MONEY

MORE THAN **\$200,000**
AVAILABLE TO
**ALL GRADUATING
HIGH SCHOOL SENIORS,
INCOMING & EXISTING
MC STUDENTS**

OPEN ENROLLMENT

**December 4th, 2023
thru March 1st, 2024**



APPLY TODAY!



go to:

MENDOCINOCOLLEGE.AWARDSPRING.COM

Questions? 707-467-1018 OR FOUNDATION.MENDOCINO.EDU



Lathisms Scholarship



This scholarship aims to support Hispanic/Latinx students interested in pursuing a career focused on mathematical sciences!



Eligibility:

- Be Latinx/Hispanic;
- Be interested pursuing a career in the mathematical sciences; and
- Be high school juniors/seniors, high school graduates, current / prospective college students, or current / prospective graduate students located in the United States.

**Deadline:
February 29th**



We especially encourage undocumented individuals, TPS beneficiaries, and DACA recipients to apply!

More information :

 <https://www.lathisms.org/scholarships>



COLLEGE ASSISTANCE MIGRANT PROGRAM MENDOCINO COLLEGE

**WE ARE LOOKING FOR THE
NEXT CAMP SCHOLAR!
IS THAT YOU?
HAVE YOU COMPLETED 24
UNITS?**

WHO QUALIFIES?

- Your parents worked in agriculture ✓
- You were a MEP (Migrant Ed) student ✓
- You are a MC first year ✓
- You are a US Citizen/ Permanent Resident ✓

707.467-2026

APPLY NOW! CAMP@MENDOCINO.EDU

PROGRAM BENEFITS

Education \$tipends Academic Counselor
Peer Mentorship University Visits
College & Career Advising And so much more!
Laptop, Hotspot & TI-Calculator rentals



MENDOCINOCAMP

THE BULLETIN BOARD

**MENDOCINO COLLEGE**

LATE START CLASSES



IT'S NOT TOO LATE!

WWW.MENDOCINO.EDU/LATE-START

Attention Evening Students:

Mendocino College was recently informed that the Mendocino Transit Authority (MTA) reduced some of their routes, particularly in the evening. In order to assess how to best provide you support, please complete this brief survey regarding your evening transportation uses.

**EVENING MTA
BUS USE
SURVEY**

