

LAKE CENTER

### **SPRING 2024**



February 16/19—Lincoln Day/Washington Day (no classes) March 25-29—Spring Break (no classes) May 24—End of Spring Semester

#### IMPORTANT DATES FOR FULL SEMESTER CLASSES

February 2—Last day to add or drop without a W February 22—Last day to request P/NP April 26—Last day to drop with a W

**Counseling Appointments** 

### STAY ON THE PATH to success!

The best way to stay on the path to success is to meet with a college counselor regularly. A college counselor can help you review & update your educational plan, prepare for transfer or graduation, find resources to help you succeed, and much more!

Call, email or stop by the Learning Commons to schedule an appointment.

#### Spring Recommended Counseling Appointments

February/March: check-in re. Spring semester April/May: choose classes for Summer/Fall

### Food Pantry/Basic Needs

**Food Pantry**: Food Pantry services are FREE for all current Mendocino College students. Submit a food pantry request card at the front desk and receive your items on the spot. We can also refer you to other food banks in the county.

**Emergency Funds**: Funds are available to students experiencing an emergency. Contact Naoto Horiguchi at <u>nhoriguchi@mendocino.edu</u> or 707-468-1081 for assistance.

**CalFresh**: Mendocino College can help you apply for Cal Fresh (a state program



to assist low-income individuals to purchase nutritional food). To obtain more information, email our CalFresh Outreach team Katherine Escobedo & Naoto Horiguchi at <u>calfreshoutreach@mendocino.edu</u>. 707-263-4944 lakecenter@mendocino.edu

### **Financial Aid**

### Financial Aid is Available!

You can still apply for Financial Aid! The FAFSA/CADAC Application period for the current year 2023-24 is OPEN. (You can ask financial aid about the prior year)

A Financial Aid Rep. will be at the Lake Center from 9-4 on the following Wednesdays:

March 6, April 3, May 8, June 5, July 10

Call or stop by the front desk to make an appointment (drop ins also available).

Questions? financialaid@mendocino.edu

# Student Support

Looking for support with time management, finding student resources, or staying on track with your classes & plans? Visit Dariela :)

Hello/Hola! I am Dariela Lopez, part of the Student Success & Retention Center, where I will be working as a Student Retention Specialist at the Lake Center.

I was previously a Mendocino College student, and am excited to return as a new staff member. After my time at Mendocino College, I transferred to Chico State University where I earned my B.S. in Microbiology.

If you have any questions or just want to say hi, please feel free to stop by my office anytime! 707-468-3273 dlopez@mendocino.edu



# In person Tutoring @ Lake Center



#### English Lab RM 7110 Register for ENG-560-0561

Mondays 1:00pm-3:00pm

Tuesdays 3:00pm-5:00pm



#### Math Lab Rm 7120 Register for MTH-540-0540

Mondays/Wednesdays 3:30pm-5:00pm

## Lab Aide Hours

#### Need help with Canvas or other online work?

Visit the computer lab located inside the Learning Commons.

Lab Aide available: Mondays—10am-2pm Tuesdays—2pm-5pm Thursdays—10am-2pm



The computer lab inside the Learning Commons is open for student use Monday-Friday, including evenings.

# Dream Center & Immigration Legal Services

The **Dream Center** assists undocumented/AB540 students and students from mixed-status families achieve their academic goals. The Dream Center provides services, resources, and support to address the unique barriers students face in their pursuit of higher education. Located in the Lowery Student Center.

Email <u>dreamcenter@mendocino.edu</u>

The Dream Center can connect students with FREE immigration legal services as well as counseling appointments with a designated Mendocino College counselor. To make a counseling appointment or an appointment regarding free immigration legal services, please call 707-467-1026 or send an email to dreamcenter@mendocino.edu



# MENDOCINO COLLEGE

#### HEALTH & WELLNESS SERVICES

Health & Wellness services include therapeutic support to Mendocino College students who may be experiencing difficulties such as mental or emotional distress, trauma, substance use, relationship or family distress, or other difficulties which are impacting personal functioning and student performance.

#### Meet your therapists : Alese Jenkins, LCSW; Rachel Young, LMFT; Lisa Larimer Burtis, LMFT







Appointments can be scheduled by email: wellness@mendocino.edu; by telephone: 707 621-MIND (6463); or by stopping by the Lowery Student Center (old book store) when on the Ukiah campus. On-line self-scheduling is coming this fall!

Las sesiones están disponibles en español usando interpretación.

Therapy and Wellness Sessions are available on-line or in person. Here is the in-person scheduleat our locations:

> Round Valley: Mondays Ukiah: Mondays/Wednesdays North County Center: 1st/3rd Tuesday Lake Center: 2nd/4th Tuesday Coast Center: Thursdays

For more information about wellness and mental health resources, visit www.mendocino.edu/wellness

## Need a student ID card?

### STUDENT

#### NAME LASTNAME

Card #1234567890 Expires: 01/02/2021 0000 0000 0000 0000 .....



Come to the service windows during regular hours to have one made.