

Mendocino College Cooperative Work Experience Education

California Conservation Corps
LEARNING OBJECTIVES

Last Name _____ **First Name** _____ **Date** _____

Objective # _____

WHAT I AM ATTEMPTING TO LEARN OR IMPROVE

I will demonstrate an understanding of and ability to comply with CCC work standards

EXPECTED OUTCOMES: (check all that apply)

- I will work effectively as a team member
- I will take responsibility and be accountable for my own actions
- I will meet uniform standards at all times
- I will meet hygiene standards at all times
- I will receive a "3" or better on my Monthly Performance Evaluations
- I will maintain "standard" or better job attendance
- I will maintain "standard" or better discipline practice in education programs
- I will submit requests for time off in a timely and appropriate manner
- I will be promoted to a CCC specialist position
- I will practice conservation ethics at all times
- I will comply with all Center policies
- I will abstain from or decrease alcohol, tobacco and other drug use
- _____

MY LEARNING PROCESS: (check all that apply)

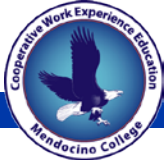
- I will read all policies and procedures as they relate to my job, and discuss my understanding of this information with my supervisor
- I will solicit and receive feedback from my supervisor regarding my work performance
- I will use a mentor to obtain feedback and make adjustments to my work performance
- I will successfully complete Leadership Development Training
- I will successfully complete the Conservation Awareness Program competency
- I will attend counseling classes to improve my ability to meet CCC work standards
- I will attend AA/NA meetings and work with a sponsor
- I will actively participate in the Corpsmember Advisory Committee
- I will actively participate in weekly Corpsmember Community meetings
- _____

Expected Completion Date: _____

Student: Print Name _____ Signature _____ Date _____

Supervisor: Print Name _____ Signature _____ Date _____

CWEE Instructor: _____ Signature _____ Date _____



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First Name

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WHAT I AM ATTEMPTING TO LEARN OR IMPROVE

I will improve my ability to effectively communicate on-the-job

EXPECTED OUTCOMES: (check all that apply)

- I will accept constructive feedback from supervisor and crew members by using appropriate active listening skills
- I will ensure my ability to follow instructions by using active listening and inquiry skills to seek clarification
- I will constructively participate in problem-solving discussions
- I will resolve conflicts with supervisor and/or crew members through non-violent communication
- I will become an Assistant Crew Leader
- I will become a Crew Leader
- _____
- _____

MY LEARNING PROCESS: (check all that apply)

- I will attend weekly corps member Community Meetings and actively participate
- I will participate in counseling services to improve my communication skills
- I will successfully complete communication skills training
- I will use a mentor to help me address my communication skills
- I will use the internet and library to research communication skills, and discuss my research with my supervisor
- I will read materials provided to me by my supervisor and discuss with my supervisor and/or mentor my understanding and application of this information
- I will keep a journal concerning my successes and challenges related to communicating with my supervisor and crew members. I will discuss this information with my supervisor and/or mentor on a monthly basis
- I will successfully complete Leadership Development Training
- I will volunteer and participate as a CAB officer or dorm captain
- _____
- _____

Expected Completion Date: _____

Student: Print Name

Signature

Date

Supervisor: Print Name

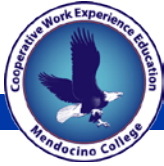
Signature

Date

CWEE Instructor:

Signature

Date



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WHAT I AM ATTEMPTING TO LEARN OR IMPROVE

I will demonstrate an awareness of safety protocols and the ability to perform job duties in a safe and effective manner

EXPECTED OUTCOMES: (check all that apply)

- I will use the proper safety gear for the task, at all times
- I will follow all safety procedures on the job at all times
- I will effectively participate in emergency response project(s)
- I will document an incident and/or report CCC safety policy violation(s) in the appropriate manner
- I will become a Crew Safety Officer
- I will become an American Red Cross certified lifeguard
- _____
- _____

MY LEARNING PROCESS: (check all that apply)

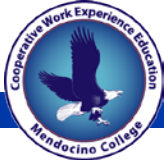
- I will read all safety guidelines/policies/protocols pertinent to my job and discuss these with my supervisor
- I will observe my supervisor and/or skilled corps members perform potentially dangerous duties and make note of strategies used to ensure safety
- I will perform potentially dangerous duties under the observation of my supervisor and/or skilled co-workers and make adjustments in my approach based on the feedback I receive
- I will successfully complete Emergency Camp Support training
- I will successfully complete Chainsaw Safety Training
- _____
- _____

Expected Completion Date: _____

Student: Print Name Signature Date

Supervisor: Print Name Signature Date

CWEE Instructor: Signature Date



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First Name

Date

Objective # _____

WHAT I AM ATTEMPTING TO LEARN OR IMPROVE

I will demonstrate the effective and safe use of hand tools

EXPECTED OUTCOMES: (check all that apply)

- I will follow all instructions and procedures for the safe and effective use of hand tools
- I will not injure myself or others when using hand tools
- I will not damage hand tools when it is within my control to prevent damage
- I will store and care for all hand tools according to CCC policy
- I will repair hand tools when it is in my ability to do so
- I will become a Crew Tool Swamper
- _____
- _____

MY LEARNING PROCESS: (check all that apply)

- I will observe my supervisor and experienced crew members' use of hand tools and ask questions to clarify the safe and effective use of the tool(s)
- I will be observed by my supervisor and experienced crew members' while I use hand tools, and I will make adjustments in my approach based on the feedback I receive
- I will practice using hand tools in accordance with my training for their safe and effective use
- I will complete Chainsaw training
- _____
- _____

Expected Completion Date: _____

Student: Print Name

Signature

Date

Supervisor: Print Name

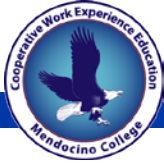
Signature

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WHAT I AM ATTEMPTING TO LEARN OR IMPROVE

I will improve my physical fitness and endurance

EXPECTED OUTCOMES: (check all that apply)

- I will have a comprehensive wellness plan that is approved by my supervisor
- I will move or manipulate heavier objects without injuring myself or the object
- I will be able to dead lift [] pounds and bench press [] pounds for [] repetitions
- I will be able to jog/run [] minutes/ [] miles without stopping
- I will be able to work a full shift without complaining of being too tired
- I will show improvement in the monthly agility test
- I will incur no avoidable injuries as a result of my work activities
- I will maintain a healthy diet
- I will have a written menu plan that I follow
- I will abstain from or decrease alcohol, tobacco and other drug use
- _____
- _____

MY LEARNING PROCESS: (check all that apply)

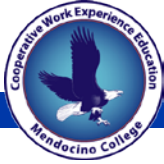
- I will successfully complete the physical fitness training program
- I will work with a mentor to develop and comply with a wellness plan
- I will attend counseling to improve my commitment to becoming and staying healthy
- I will use the internet and library to research wellness strategies, and discuss my research and how I will apply this information with my supervisor
- I will create a draft wellness program for myself and discuss this with my supervisor, making adjustments based on the feedback I receive
- I will keep a journal of my successes and challenges as they relate to becoming and staying healthy
- I will attend AA/NA meetings and work with a sponsor
- _____
- _____

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CWEE Instructor: _____ Signature _____ Date _____



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WHAT I AM ATTEMPTING TO LEARN OR IMPROVE

I will demonstrate increased self-awareness and the ability to live an interdependent, socially constructive lifestyle

EXPECTED OUTCOMES: (check all that apply)

- I will complete the Career Development Program competency
- I will be registered to vote and exercise that right when possible
- I will have a balanced checking account
- I will have a comprehensive personal wellness plan, approved by my supervisor, which includes positive ways to spend my leisure time
- I will read a newspaper or one chapter from a book daily
- I will have additional, reliable friends in my social circle
- I will act courteously and manage my anger in a responsible manner
- I will deliberately act in ways that are helpful to others
- I will have a journal that reflects improved self-esteem
- I will have a Monthly Education Plan for independent studies
- _____

MY LEARNING PROCESS: (check all that apply)

- I will enroll in and successfully complete an education program: _____
- I will attend counseling classes to improve my self-awareness and ability to relate to others
- I will attend AA/NA meetings and work with a sponsor
- I will participate in the Career Development Program and seek help in completing it, if necessary
- I will take a class in keyboarding and computer skills
- I will work with the Education Coordinator to develop a monthly Education Plan
- I will work with a mentor to obtain feedback in ways in which I can improve my self-awareness and live in a socially constructive manner
- I will keep a journal regarding my efforts to improve my self-awareness and live in a socially constructive manner; I will share this with my mentor, counselor, and/or supervisor and make adjustments in my behavior based on the feedback I receive
- I will actively participate and successfully complete Leadership Development training
- _____

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Supervisor: Print Name _____ Signature _____ Date _____

CWEE Instructor: _____ Signature _____ Date _____