



# Mendocino College

COURSE LEVEL STUDENT LEARNING OUTCOMES

Term Effective: 

Fall	2008
Semester	Year

Title: 

Introduction To Sport Related Injuries
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*(limit to 50 characters including spaces)*

Course Number: 

PEM 214
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Initiator: 

Horiguchi Naoto
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Date Submitted: 

9/12/2008
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Units Min: 

3.00
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*If this is a variable unit course, then the relationship between units and any difference in expected SLO's should be explained.*  
Units Max: 

3.00
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Lecture Hours: 

3.00 to 0.00
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 Lab Hours: 

0.00 to 0.00
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 Activity Hours: 

0.00 to 0.00
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**Student Learning Outcomes:** *(Enter the SLO's in an outline format. Use the Ctrl + Tab keys to indent for subtopics.)*

1. Define and understand the role of the athletic trainer in a sports medicine program.
2. Comprehend basic theory of injury prevention, causation, and rehabilitation methods for acute or chronic injuries.
3. Recognize the variety of environmental factors which associate with the care and prevention of athletic injuries.
4. Describe the appropriate rehabilitation modalities and manual therapy techniques for specific athletic injuries.

Assessment Methods:

1. Students will submit chapter assignments for each chapter. For the chapter assignment, students are required to read the chapter and find the definition of assigned key terms.
2. Students will submit original essays related to a subject in sports medicine. Students will compare and/or contrast a variety of techniques which are currently being practiced in the sports medicine field.
3. Multiple choice exams will be given at the completion of every three to four chapters with questions regarding the specific subjects.
4. Using critical thinking, students are required to participate in discussions and demonstrations of rehabilitation techniques which are utilized daily in the athletic training room. Groups of students will be assigned scenarios to analyze and select appropriate rehabilitation modalities and manual therapy techniques.

**SIGNATURES / APPROVALS:**

Instructor(s) \_\_\_\_\_  
Signature Date

Instructor(s) \_\_\_\_\_  
Signature Date