



Term Effective:	Fall	2008
	Semester	Year

Title:
(limit to 50 characters including spaces)

Course Number:

Initiator:

Date Submitted:

Units Min:

If this is a variable unit course, then the relationship between units and any difference in expected SLO's should be explained.

Units Max:

Lecture Hours:

Lab Hours:

Activity Hours:

Student Learning Outcomes: *(Enter the SLO's in an outline format. Use the Ctrl + Tab keys to indent for subtopics.)*

Students who successfully complete this course will be able to accurately articulate the following items as assessed from both written and oral evaluations using a Pretest-Posttest methodology.

1. An in-depth history of Fencing including the development and advances of Fencing theory, and the key individuals within the Classical Italian Fencing School.
2. All rules and procedures concerning Fencing safety.
3. Flexibility development, theory and methodology, particularly as it pertains to Fencing.
4. Strength and muscular endurance training, theory, and practice associated with Fencing.
5. The kinestheses of proper forms (i.e.; first position transitioning to the guard position to the lunge, the reprise, the "forward recovery" and the fleche).
6. At least 60 vocabulary terms (unique to Foil Fencing) and their respective definitions.
7. All of the actions-on-the blade specific to Foil Fencing.
8. All of the counterattacks used in Foil Fencing.
9. The four different types of parries, when each should be used and what target area each protects.
10. Directing and judging a Foil Fencing bout.

Students who successfully complete this course will also be able to accurately demonstrate the following movements/movement patterns as assessed from practical/skill based evaluations using a Pretest-Posttest methodology.

1. The balestra.
2. The fleche (running attack).
3. The reprise.
4. The reassemblment.
5. The cutover from third and fourth positions.
6. Feints that oppose: one circular parry and one simple parry from third and fourth.
7. Feints that oppose: one simple parry and one circular parry from third and fourth.
8. Feints that oppose: two circular parries from third and fourth.
9. Feints that oppose: one simple parry, one circular parry and one simple parry from

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third and fourth.

10. Feints that oppose: one circular parry, one simple parry and one circular parry from third and fourth.
11. Actions on the blade: blade seizure, transports, envelopments, and beats (simple, half circular, circular, and grazing) each from third and fourth.
12. Parries: simple, circular, half-circular and ceding (each from third and fourth).
13. Riposting actions: simple and compound from third and fourth (using the aforementioned feint patterns).
14. Counterattacks used in Foil: arrest, disengagement in time and the appuntata.
15. Directing at least five Foil bouts

SIGNATURES / APPROVALS:

Instructor(s)

Signature

Date

Instructor(s)

Signature

Date