



# Mendocino College

COURSE LEVEL STUDENT LEARNING OUTCOMES

Term Effective: 

|          |      |
|----------|------|
| Fall     | 2008 |
| Semester | Year |

Title: 

|                                                                                                          |
|----------------------------------------------------------------------------------------------------------|
| FOODS & NUTRITION<br>Full Title: Foods and Nutrition<br><i>(limit to 50 characters including spaces)</i> |
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Course Number: 

|         |
|---------|
| HLH 114 |
|---------|

Initiator: 

|            |
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| Greg Hicks |
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Date Submitted: 

|           |
|-----------|
| 8/26/2008 |
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Units Min: 

|      |
|------|
| 3.00 |
|------|

*If this is a variable unit course, then the relationship between units and any difference in expected SLO's should be explained.*

Units Max: 

|      |
|------|
| 3.00 |
|------|

Lecture Hours: 

|                |
|----------------|
| 51.00 to 51.00 |
|----------------|

Lab Hours: 

|              |
|--------------|
| 0.00 to 0.00 |
|--------------|

Activity Hours: 

|              |
|--------------|
| 0.00 to 0.00 |
|--------------|

**Student Learning Outcomes:** *(Enter the SLO's in an outline format. Use the Ctrl + Tab keys to indent for subtopics.)*

- A. At the conclusion of this course the successful student will be able to demonstrate:
1. A through understanding of the importance of nutrition for total health throughout the life cycle.
  2. The ability to comprehensively and accurately analyze her/his personal dietary intake.
  3. A though understanding of elementary digestion, absorption, and metabolism.
  4. The ability to name foods which contribute most to nutrient density.
  5. The ability to locate current nutrition resources and references.

**SIGNATURES / APPROVALS:**

Instructor(s)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Instructor(s)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date