



# Mendocino College

COURSE LEVEL STUDENT LEARNING OUTCOMES

Term Effective: 

Spring	2008
Semester	Year

Title: 

Professional Competency And Growth
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*(limit to 50 characters including spaces)*

Course Number: 

AOD 163
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Initiator: 

Dan Jenkins
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Date Submitted: 

11/27/2007
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Units Min: 

2.00
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*If this is a variable unit course, then the relationship between units and any difference in expected SLO's should be explained.*

Units Max: 

2.00
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Lecture Hours: 

2.00 to 2.00
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Lab Hours: 

0.00 to 0.00
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Activity Hours: 

0.00 to 0.00
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**Student Learning Outcomes:** *(Enter the SLO's in an outline format. Use the Ctrl + Tab keys to indent for subtopics.)*

Describe symptoms of work-related stress and burnout and demonstrate skills and techniques that support emotional health as defined by a personal system of values and beliefs.

Describe and evaluate the unique aspects of human service work, especially regarding the counselor-client relationship and the skills required to maintain client/counselor boundaries.

Describe and evaluate the factors involved in maintaining a healthy professional lifestyle, including the effective use of supervision as well as other resources for professional growth.

**SIGNATURES / APPROVALS:**

Instructor(s)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Instructor(s)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date