

## CAMP REGISTRATION

*Please remove along dotted lines*

### Make checks payable to:

Mendocino College Basketball



### SEND Registration Form & Camp Fee to:

Mendocino College Basketball  
Attn: Coach Jody Steliga, Women's Basketball  
1000 Hensley Creek Rd  
Ukiah, Ca 95482

*Message from Coach Offill and Coach Steliga:*

Dear Parents and young student-athletes,

We are excited to provide a great opportunity for all the young basketball players in our community. As Mendocino College alumni and four year collegiate student-athletes, we understand the importance of pairing education with athletics. We will guide your son or daughter in better developing their basketball skills as well as their outlook in succeeding in school. We are looking forward to developing and improving the skills of our local



basketball players. There will be a focus on individual and team play through the key fundamentals of basketball. Each player will receive individual attention from college players and coaching staff.

Whether or not our campers will be future collegiate student-athletes, they will grow from this experience. At Mendocino College we are an institution of higher learning and upon completion of our camp, your child will understand the value of short and long term goals in education and athletics.

Our camp is focused on the core values of a true basketball player; family, school, and basketball.

Sincerely,

Coach Offill

Coach Steliga

MENDOCINO COLLEGE

# Summer Basketball Camp



Boys & Girls  
Ages 7-15

MONDAY - THURSDAY  
JULY 19 - 22, 2010



**Mendocino College**  
[www.mendocino.edu](http://www.mendocino.edu)

## CAMP DETAILS

### Camp Limit

60 campers per a session

### Player/Coach Ratio

8 to 1

### Camp Includes

T-shirt  
Water Bottle  
Daily Prizes

### Morning Session Schedule (7-10yrs old)

#### 8am - 12pm

|               |                        |
|---------------|------------------------|
| 7:30-8:00am   | Early Bird (optional)  |
| 8:00-8:15am   | Roll Call/Daily Values |
| 8:15-8:30am   | Dynamic Warm-up        |
| 8:30-9:00am   | Daily Development      |
| 9:00-9:30am   | 3 on 3 Competition     |
| 9:30-9:45am   | Break                  |
| 9:45-10:15am  | Station Work           |
| 10:15-11:45am | 5 on 5 Comp,EDUgroup   |
| 11:45-12:00pm | Daily Closing          |

### Afternoon Session Schedule (11-15yrs old)

#### 1pm - 5pm

|              |                        |
|--------------|------------------------|
| 12:30-1:00pm | Early Bird (optional)  |
| 1:00-1:15pm  | Roll Call/Daily Values |
| 1:15-1:30pm  | Dynamic Warm-up        |
| 1:30-2:00pm  | Daily Development      |
| 2:00-2:30pm  | 3 on 3 Competition     |
| 2:30-2:45pm  | Break                  |
| 2:45-3:15pm  | Station Work           |
| 3:15-4:45am  | 5 on 5 Comp,EDUgroup   |
| 4:45-5:00pm  | Daily Closing          |

**Questions???** Contact: Coach Jody Steliga  
707 468 3166  
jsteliga@mendocino.edu

# Summer Basketball Camp

### Camp Directors

**Billy Offill** *Head Men's Coach*

**Jody Steliga** *Head Women's Coach*

### Camp Coaches

**Marc Otten** *Asst Men's Coach*

**Jaelyn Horiguchi** *Asst Women's Coach*

Members of Mendocino College men's & women's basketball teams



### Place

Mendocino College Gym

### Schedule

Monday - Thursday, July 19-22  
20 hours of Instruction & Fun!

#### Mon-Thurs: 7 - 10 yrs old

Morning Session: 8am - 12pm

#### Mon-Thurs: 11 - 15 yrs old

Afternoon Session: 1pm - 5pm

### Price

\$75 Registration (before June 30th, limited space)

\$85 Walk-ups (If space is available)

Family & Scholarship discounts are available, please contact Coach Steliga for further details.

## CAMP REGISTRATION

Name \_\_\_\_\_

Age \_\_\_\_\_

Gender \_\_\_\_\_

Birth Date \_\_\_\_\_

T-shirt Size (circle one): SM MED LG XL

(Please note: ADULT Size shirts)

Mailing Address \_\_\_\_\_

Email Address \_\_\_\_\_

Contact Phone (home) \_\_\_\_\_

(cell) \_\_\_\_\_

Emergency Contact (& relationship) \_\_\_\_\_

Emergency Contact phone # \_\_\_\_\_

### Liability and Assumption of Risk Disclaimer

(Please read thoroughly)

I understand that my son/daughter must have current and active medical insurance before he or she can attend Mendocino College Basketball Camp. Our personal medical insurance will be considered primary coverage. I certify that my son/daughter is free from any medical condition that will affect his/her health during camp. I hereby register my son/daughter for the Mendocino College Summer Basketball Camp and authorize the staff to direct him/her in camp activities. In the event of injury, I authorize the staff to obtain/administer any medical treatment deemed necessary. Neither I nor my son/daughter will hold Mendocino College or Staff liable for any injuries while attending camp.

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_