

CATALOG INFORMATION

=====

Dept & Nbr: PSY 218 Title: ABNORMAL PSYCHOLOGY  
Full Title: Abnormal Psychology

Units	Course Hours	Per Week	Nbr of Weeks	Course Hours	Total
Max: 3.0	Lecture	3.0	17	Lecture	51.0
Min: 3.0	Lab	0.0		Lab	0.0
	Contact DHR	0.0		Contact DHR	0.0
	Contact Total	3.0		Contact Total	51.0
	Non-contact DHR	0.0		Non-contact DHR	0.0

Title 5 Category: 01 AA Degree Applic  
Grading: GC Credit course for grade or CR/NC  
Repeatability: 00 No repeatability allowed or defined  
Also listed as:

CATALOG DESCRIPTION:

An introduction to the branch of psychology that studies and treats mental illness and psychological disorders. Areas of study include the diagnosis, treatment, and the social, environmental, and biological factors involved in psychopathology. Specific topics include: stress; anxiety disorders; psychosomatic illness; personality disorders; substance abuse disorders; sexual disorders; depression; bipolar illness; schizophrenia; eating disorders; childhood disorders; treatment; prevention; and mental illness in society.

PREREQUISITES:

COREQUISITES:

RECOMMENDED PREPARATION:

ENG 200; PSY 205

LIMITS ON ENROLLMENT:

SCHEDULE OF CLASSES INFORMATION:

Recommended: ENG 200; PSY 205

This is a course about the fascinating branch of psychology that studies and treats mental illness and psychological disorders. Through readings, videos and discussion, many important topics will be covered including: the acute and chronic stress; anxiety disorders; psychosomatic illness; personality disorders; substance abuse disorders; sexual disorders; depression; bipolar disorder; schizophrenia; eating disorders; childhood disorders; psychotherapy; treatment; and prevention of psychological disorders. (Grade or CR/NC)

Transfer Credit: CSU; UC.

## ARTICULATION and CERTIFICATE INFORMATION

=====

ASSOCIATE DEGREE:                   Effective: FALL    2002   Inactive:  
 Area:                                B2    SOCIAL & BEHAVIORAL SCIENCES

CSU GE:                               Effective: FALL    2002   Inactive:  
 Transfer area:                    D9    PSYCHOLOGY

IGETC:                               Effective: FALL    2003   Inactive:  
 Transfer area:                    4I    PSYCHOLOGY

CSU TRANSFER: TRANSFERABLE    Effective: FALL    2002   Inactive:

UC TRANSFER:   TRANSFERABLE    Effective: FALL    2002   Inactive:

CAN:

CERTIFICATE APPLICABLE:    N       NOT CERTIFICATE/MAJOR APPLICABLE

## APPROVAL AND DATES

=====

Version 01       Submitted by: ROGER HOCK                               Date: 09/04/2001  
                   Department approved:                                       Date:  
                   Curriculum approved: 10/10/2001                   Version approved: 10/10/2001  
                   Prerequisites approved: 10/10/2001                Last reviewed: 10/10/2001  
 Term effective: FALL    2002   Last taught: SPRING 2008   Inactive:

## COURSE CONTENT

=====

## OUTCOME AND OBJECTIVES:

1. Acquire a grasp of the signs, symptoms, and behaviors associated with a wide range of mental illnesses and psychological disorders.
2. Receive an introduction to the Diagnostic and Statistical Manual of the American Psychiatric Association (currently DSM-IV)
3. Understand the causes of mental illnesses from various psychological perspectives
4. Become conversant in the various psychological, medical, and psychopharmacological treatments and therapies for psychological disorders.
5. Understand the link between psychology and physical illnesses.
6. Understand how substance abuse contributes to and causes psychological disorders.
7. Learn how head injuries and other physiological factors may contribute to psychological disorders.
8. Become acquainted with childhood psychological disorders.
9. Learn how psychological disorders may be prevented or detected early to optimize treatment.

## TOPICS AND SCOPE:

1. Classification and diagnosis of psychological disorders
2. The APA's DSM-IV
3. Acute and chronic stress
4. Anxiety disorders (phobias, panic disorder, obsessive-compulsive disorder, agoraphobia)
5. Psychosomatic illness

6. Personality disorders (narcissistic, anti-social, borderline, etc.)
7. Substance abuse disorders
8. Sexual disorders
9. Mood disorders (depression, bi-polar)
10. Schizophrenia
11. Eating disorders
12. Childhood disorders (autism, conduct disorder, separation anxiety disorder, etc.)
13. Therapy and treatment
14. Prevention of psychological disorders
15. The interaction of psychological disorders and society
16. The relative influences of social, environmental, and biological factors on mental illness

**ASSIGNMENTS:****READING ASSIGNMENTS:**

Readings will be required on a regular (weekly at least) basis and will be drawn from a primary, widely adopted text. Additional readings from journal articles, popular press materials, and Internet sites will be required in conjunction with specific course work.

**WRITING ASSIGNMENTS:**

1. a take-home essay exam requiring synthesizing of various topics and ideas presented in the course
2. a report and journal relating to the experiential component of the course (interview with mental health professional)

**OUTSIDE ASSIGNMENTS:**

Students will be required to interview a practicing psychotherapist or other mental healthcare worker about issues being studied in the course. The process of findings an interviewee, setting up the interview, summary of the interview, and the students' reactions to the interview will be written up as a journal and short paper.

**ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING:**

Because psychology's understanding of abnormal behaviors and psychological disorders are a "work in progress," the course will emphasize critical thinking about controversies in the field and an understanding of how behavioral scientists have made and will make breakthroughs in diagnosis, treatment, and prevention. Critical thinking and application of learning requirements will be reflected in class discussions the in-class exams, the essay exam, and the journal and summary of the professional interview.

**METHOD OF INSTRUCTION:**

Will include lecture, discussion, a major experiential-learning project, writing assignments, educational technology awareness (e.g., Internet and electronic database research) and assignments that promote critical thinking about theoretical issues and core concepts of abnormal psychology. In addition, instruction will include various strategies for applying the course material to work in psychology and related fields, future academic pursuits, and real life.

**FOR DISTANCE EDUCATION COURSES:**

The content of this course is delivered using some form or forms of distance technology such as television, videotape, audiotape, or the Internet. For telecourses, no less than 11 hours of personal contact

between instructor and students shall be included through: group or individual meetings; orientation and review sessions; supplemental in-person activities.

For on-line courses, instructor/student contact may take place in a face-to-face setting and/or through e-mail or other electronic means. Students may interact with each other through in-person study groups, electronic message boards, or other means.

#### METHODS OF EVALUATION:

1. Writing assignments: Take home essay exam, journal, and summary of professional interview. 2. Problem-solving: Setting up professional interview, designing and conducting professional interview, summarizing and interpreting professional interview, take-home essay, in-class exams. Research design; data analysis; experimental control; critical thinking skills 3. Skill demonstrations: Interview of professional in field, gathering appropriate information during interview, applying learning to summary of interview and to exams. 4. Examinations: Three in-class exams and a take-home essay exam. 5. Other: Use of Internet and other electronic resources relevant to course material and assignments. For grading, courses components will be weighted as follows: In-class exams (40%); Take-home essay (20%); Interview journal (15%); Interview summary (15%) Participation in class discussions (10%)

#### BASIS FOR GRADING:

The assignment of a grade is based on the level of achievement of the outcomes and objectives of the course outline and is reflected in quantifiable terms in the course syllabus.

#### REPRESENTATIVE TEXTBOOKS:

Will include the current edition of the Abnormal Psychology Text upon which the video series is based: Abnormal Psychology and Modern Life, 11th ed., by Carson and Butcher, Addison Wesley Longman, 1999; the matching study guide, The World of Abnormal Psychology Study Guide, 2nd ed Allyn & Bacon, 1996; and relevant video selections from the series, The World of Abnormal Psychology, Annenberg/CBP, and other professional video sources.

#### RATIONALE

=====

#### RESOURCES REQUIRED

=====

## MISCELLANEOUS

=====

Advisory generate desc:	N	NO
Area department:	PSY	PSYCHOLOGY
Audit flag:	N	NOT AUDITABLE
Basic skills:	X	NOT BASIC SKILLS
Classification:	A	Liberal Arts and Sciences
Cost level:	01	
Disciplines:		PSYCHOLOGY
Division:	01	GAITHER LOEWENSTEIN
Faculty service areas:		PSYCHOLOGY
Fee:	\$0.00	
In-service:	X	NOT IN-SERVICE
Level below transfer:	X	NOT APPLICABLE
Matric-requiring:	X	Exempt from assessment
Maximum class size:	0	
Maximum wait list:	0	
Method of instruction:	02	LECTURE
	63	TV/VIDEO 1-WAY; PASSIVE
Non-credit category:	X	NOT APPLICABLE, CREDIT COURSE
Open entry/exit:	N	Not open entry/exit
Pacs activity:	2001	PSYCHOLOGY
Pacs program project:	0000	
Preq/coreq generate desc:	N	NO
Preq/coreq provisional:	N	NO
Preq/coreq reg check:	N	NO PREREQUISITE RULES EXIST
Repeat group id:		
Requires instructor sig:	N	INSTRUCTOR'S SIGNATURE NOT REQUIRED
SAM classification:	E	Non-occupational
Selected/special topic:	N	NOT A SELECTED TOPIC COURSE
Special class:	X	NOT A SPECIAL COURSE
TOP code:	2001.00	PSYCHOLOGY, GENERAL
Workload:	0.0000	