

CATALOG INFORMATION

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Dept & Nbr: PSY 212 Title: PERSONALITY THEORY  
Full Title: Personality Theories

Units	Course Hours	Per Week	Nbr of Weeks	Course Hours	Total
Max: 3.0	Lecture	3.0	17	Lecture	51.0
Min: 3.0	Lab	0.0		Lab	0.0
	Contact DHR	0.0		Contact DHR	0.0
	Contact Total	3.0		Contact Total	51.0
	Non-contact DHR	0.0		Non-contact DHR	0.0

Title 5 Category: 01 AA Degree Applic  
Grading: GC Credit course for grade or CR/NC  
Repeatability: 00 No repeatability allowed or defined  
Also listed as:

CATALOG DESCRIPTION:

Major contemporary approaches to personality development and the application of these theories to everyday life.

PREREQUISITES:

COREQUISITES:

RECOMMENDED PREPARATION:

ENG 80 or qualification for ENG 200 through the assessment process.

LIMITS ON ENROLLMENT:

SCHEDULE OF CLASSES INFORMATION:

Recommended: ENG 80 or qualification for ENG 200 through the assessment process.

Who are you? Your answer to this question depends, in a large way, on your personality. This engaging course will help you to think as a psychologist thinks about people (yourself and others). Personality is a fundamental human characteristic that is responsible for making you a unique individual. There are no two personalities exactly alike. An understanding of personality will help you to analyze and understand human behavior in any situation. (Grade or CR/NC)

Transfer Credit: CSU; UC.

ARTICULATION and CERTIFICATE INFORMATION

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ASSOCIATE DEGREE: Effective: FALL 1981 Inactive:  
Area: B2 SOCIAL & BEHAVIORAL SCIENCES

CSU GE: Effective: FALL 1981 Inactive:  
 Transfer area: D9 PSYCHOLOGY

IGETC: Effective: FALL 1981 Inactive:  
 Transfer area: 4I PSYCHOLOGY

CSU TRANSFER: TRANSFERABLE Effective: FALL 1981 Inactive:

UC TRANSFER: TRANSFERABLE Effective: FALL 1981 Inactive:

CAN:

CERTIFICATE APPLICABLE: N NOT CERTIFICATE/MAJOR APPLICABLE

#### APPROVAL AND DATES

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Version 02 Submitted by: CATHERINE INDERMILL Date: 10/06/2004  
 Department approved: Date:  
 Curriculum approved: 06/01/1981 Version approved: 09/24/2004  
 Prerequisites approved: 06/01/1981 Last reviewed: 09/24/2004  
 Term effective: SPRING 2005 Last taught: SUMMER 2008 Inactive:

#### COURSE CONTENT

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##### OUTCOME AND OBJECTIVES:

1. Identify contemporary theories of personality development
2. Describe and evaluate then theories of personality
3. Analyze the personality theories for their appropriateness to cultural and societal constructs
4. Apply theories of personality to practical situations

##### TOPICS AND SCOPE:

1. Nature of personality and personality theories
2. Freud's classical Psychoanalytical Theory. Contemporary psychoanalytical theory
3. Jung's Analytical Theory
4. Social Psychological Theories: Adler, Fromm, Horney, Sullivan
5. Humanistic Psychology: Rogers, Maslow, Allport
6. Existential Psychology: R.D. Laing, Rollo May, Victor Frankl
7. Eastern Psychology
8. Gestalt Psychology
9. Behavior Theory: Watson, Skinner, Bandura
10. Biological Typology: Hans Eysenck
11. Comparison of theories, with cultural and societal considerations

##### ASSIGNMENTS:

###### READING ASSIGNMENTS:

1. Assigned chapters in the text will be scheduled to correspond with class lectures and discussion.
2. Each student is expected to read extensively in one of the above topics and report their findings to the class and in their term paper.

###### WRITING ASSIGNMENTS:

1. A term paper or book report on one of the topics covered.

2. Short written assignments on topics covered in class.

OUTSIDE ASSIGNMENTS:

1. Reading assignments as indicated in course syllabus.
2. Term paper or book report and oral presentation on in-depth topic.
3. Short written assignments.

ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING:

1. Oral report and paper demonstrate ability to understand and interpret material.
2. Short assignments illustrate ability to apply material to current situations.

METHOD OF INSTRUCTION:

Lectures, class discussion, handouts, audio-visual presentations, group critiques.

For distance education courses, the content of this course is delivered using some form or forms of distance technology such as television, videotape, audiotape, or the Internet. For telecourses, no less than 11 hours of personal contact between instructor and students shall be included through: group or individual meetings; orientation and review sessions; supplemental in-person activities.

For online courses, instructor/student contact may take place in a face-to-face setting and/or through email or other electronic means. Students may interact with each other through in-person study groups, electronic message boards, or other means.

METHODS OF EVALUATION:

Mid-terms and final (approximately 50%), term paper (approximately 20%), Oral presentation (approximately 10%), Short written assignments (approximately 20%)

BASIS FOR GRADING:

The assignment of a grade is based on the level of achievement of the outcomes and objectives of the course outline and is reflected in quantifiable terms in the course syllabus.

REPRESENTATIVE TEXTBOOKS:

Personality and personal Growth, Frager and Fadiman, 4th Edition (1997); Prentice Hall.

REASON FOR REVISION

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RESOURCES REQUIRED

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## MISCELLANEOUS

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Advisory generate desc:	N	NO
Area department:	PSY	PSYCHOLOGY
Audit flag:	N	NOT AUDITABLE
Basic skills:	X	NOT BASIC SKILLS
Classification:	A	Liberal Arts and Sciences
Cost level:	01	
Disciplines:		PSYCHOLOGY
Division:	02	MERIDITH RANDALL
Faculty service areas:		PSYCHOLOGY
Fee:	\$0.00	
In-service:	X	NOT IN-SERVICE
Level below transfer:	X	NOT APPLICABLE
Matric-requiring:	X	Exempt from assessment
Maximum class size:	0	
Maximum wait list:	0	
Method of instruction:	02	LECTURE
	72	DELAYED INTERACTION
Non-credit category:	X	NOT APPLICABLE, CREDIT COURSE
Open entry/exit:	N	Not open entry/exit
Pacs activity:	2001	PSYCHOLOGY
Pacs program project:	0000	
Preq/coreq generate desc:	N	NO
Preq/coreq provisional:	N	NO
Preq/coreq reg check:	N	NO PREREQUISITE RULES EXIST
Repeat group id:		
Requires instructor sig:	N	INSTRUCTOR'S SIGNATURE NOT REQUIRED
SAM classification:	E	Non-occupational
Selected/special topic:	N	NOT A SELECTED TOPIC COURSE
Special class:	X	NOT A SPECIAL COURSE
TOP code:	2001.00	PSYCHOLOGY, GENERAL
Workload:	0.0000	