

Mendocino College
AOD 151: ALCOHOL AND OTHER DRUGS- OVERVIEW
Fall 2008

COURSE SCHEDULE and ASSIGNMENTS (rev 12/1/08)

Note: The “Assignment” is DUE on the date under which it is listed.

Assignments may be modified or replaced by the instructor if he determines that a change in the assignment schedule would better assist students to achieve the course objectives. Students will be given at least 1 week’s notice in the event any change occurs in the assignment schedule.

WEEK 1: 8/18/08 Introductions; syllabus review; course overview, library tour
Definitions

WEEK 2: 8/25/08 Basic pharmacology/physiological effects
Assignment: Chapter 4: The Nervous System

WEEK 3: 9/1/08 Labor Day Holiday

WEEK 4: 9/8/08 Drug Actions, consequences
Assignment: Chapter 5: The Actions of Drugs; Chapter 2: Drug Use as a Social Problem

WEEK 5: 9/15/08 History – ancient; traditional uses
Assignment: Read the history sections of Chapters 6-15; Read these internet documents:

The Opium Wars & the Opening of China. <http://historyliterature.homestead.com/files/extended.html>;

The Consumers Union Report. Licit and Illicit Drugs. Edward M. Brecher and the Editors of Consumer Reports Magazine <http://www.druglibrary.org/schaffer/Library/studies/cu/cumenu.htm> (Chapters 1-3; 21; 23; 34; 53-54)

Frontline: The Drug Wars. A Social History of America’s Most Popular Drugs.
<http://www.pbs.org/wgbh/pages/frontline/shows/drugs/buyers/socialhistory.html>

Tobacco Timeline. http://www.tobacco.org/resources/history/tobacco_history.html. Chapters 1-4

WEEK 6: 9/22/08 History – modern. Legislation, regulations
Assignment: Chapter 3: Drug Products and Their Regulations
Meet with your group and answer these questions:
a. What differences exist between drugs used prior to the 19th Century and those used after that time?
b. What factor(s) were responsible for these differences?
c. What specific effects did these differences create, and what were society’s responses?

WEEK 7: 9/29/08 Contemporary social impact of AOD
Assignment: NIJ Journal (April 1999); pages 12-19: “Drug Use Measures – What Are They Really Telling Us?” (<http://www.ncjrs.gov/pdffiles1/jr000239.pdf>)
Chapter 1: Drug Use: An Overview

WEEK 8: 10/6/08 Use, misuse, abuse, habituation, addiction; theoretical models of abuse and addiction;

Assignment: Study for examination
(http://www.mendocino.edu/docs/aod/AOD_151_Examination1.pdf)

WEEK 9: 10/13/08 Prevention theory and strategies

Assignment: Chapter 17: Preventing Substance Abuse (pages 414-423); NIDA "Preventing Drug Abuse" 2nd Ed.

WEEK 10: 10/20/08 Model prevention programs

NOTE: THIS CLASS IS MEETING AT THE ARBOR ON MAIN, 303 N. MAIN ST., UKIAH

Assignment: Write a one-page paper regarding a local (Lake, Mendocino, or Sonoma counties) prevention program, addressing:

- The name, location and primary administrator of the program
- The specific population being targeted
- The primary risk and protective factors being addressed
- The core elements of the program
- How it is funded

Extra Credit: Watch the movie "Freedom Writers" with Hilary Swank, and write a brief review addressing the main theme and your reaction to the movie, and answering the question: "Why was the teacher so effective?"

WEEK 11: 10/27/08 Intervention and harm reduction; drug screening

Assignment: Go to the following web sites and read the information there, as indicated.

National Association of Drug and Alcohol Interventionists:

<http://www.nadai.us/index3.html>. Read "Guidelines"

Coast to Coast Interventions:

<http://www.coasttocoastinterventions.com/index.htm>. Read the FAQs

Intervention Resource Center:

<http://www.interventioninfo.org/research/family.php>. Read "Family Intervention"

A&E Intervention – Allison; The full episode can be seen at

<http://www.aetv.com/intervention/>. Click on "Allison" then scroll down the menu to select episode 68: "Allison" from the episodes. Or you can watch the complete episode in 5 parts on YouTube:

- Part 1: http://www.youtube.com/watch?v=Q8EFb_SeXjg
- Part 2: <http://www.youtube.com/watch?v=3hVjZbD4-v4&feature=related>
- Part 3: <http://www.youtube.com/watch?v=eTS8pA7leYI&feature=related>
- Part 4: <http://www.youtube.com/watch?v=BbXgovIMXxU&feature=related>
- Part 5: <http://www.youtube.com/watch?v=RheFHYkYbZ8&feature=related>

Answer the following questions:

1. Who could you relate more to: Allison or one of her family members? Why?
2. What was your overall reaction to the videos?
3. In what ways did the videos follow or diverge from the principles and guidelines described in the web site literature?

- WEEK 12: 11/3/08 Treatment – overview
Assignment: Chapter 18: Treating Substance Abuse and Dependence; NIDA “Principles of Drug Addiction Treatment”
- WEEK 13: 11/10/08 Veteran’s Day Holiday
- WEEK 14: 11/17/08 Treatment – cultural aspects (guest speaker); peer and social models
Assignment: A. Read the history of Alcoholics Anonymous <http://www.aa.org/aatimeline/>.
Read sections “1935-1944” and “1945-1954”;
B. Read “This is AA” http://www.aa.org/pdf/products/p-1_thisisaa1.pdf.answer
C. Go to the “SMART Recovery” website (<http://www.smartrecovery.org>) and read the “Introduction/Welcome” page. Under the “Introduction/Learn about SMART” link, view the 3 PowerPoint slideshows (“Introduction to SMART”; “ABC Tutorial”; “CBA Tutorial”) and answer the questions on the assignment handout.
- WEEK 15: 11/24/08 Treatment –
Assignment: Meet with your final project group and work on your project;
Thoroughly review the NIDA guide Principles of Drug Addiction Treatment and be prepared to answer questions regarding the 13 “Principles of Effective Treatment”
- WEEK 16: 12/1/08 Treatment
- WEEK 17: 12/8/08 Final Project group presentations
Assignment: Meet with your final project group and develop your classroom presentation;
Review class lecture notes and PowerPoint slideshows from 10/13 (“Prevention”) to present
- WEEK 18: 12/15/08 Final Papers due
Assignment: Complete your written papers
Review class lecture notes and PowerPoint slideshows from 10/13 (“Prevention”) to present

Final Examination Guidelines
Fall, 2008

Prevention, Harm Reduction, Intervention, Treatment

The assignment is to complete a 10-12-page paper, based on the directions provided below. As a *group*, you will do part A. As an *individual*, you will complete part B.

The paper must include 5 references, listed in the body of the paper and bibliography, using MLA style (at least one of the references must be internet-based. Handouts on the MLA style of citations can be found in the college library). The paper must be typed, double spaced, in 12-point font. The paper and its outline are worth 200 points.

Due date: 12/15/08. *Include a self-addressed stamped envelope if you would like to have the paper, with comments and grade, returned to you over the winter break.*

Part A: As a group, do the following:

1. Provide brief (1 page) information on the drug assigned to your group. Include history, pharmacological action, distribution (areas where this drug is concentrated), and use trends over the last 10 years (of available statistics). (30 points)
2. Describe the affect the drug has on the well-being (physical, economic, psychosocial, etc.) of the individual and community. (30 points)
3. Describe and provide the key characteristics of the **most common** *documented* Prevention, Harm Reduction, Intervention and Treatment efforts used locally, statewide, and nationally to address this drug's use. Comment on these applied strategies' effectiveness. (30 points)
4. Describe the populations that are **most affected** by the drug that has been assigned to your group. (20 points)
5. Give examples of and provide a rationale for specific approaches (Prevention, Harm Reduction, Intervention, OR Treatment) used to address at least one **special population's** use of this drug. (30 points)
6. Give a specific example of a **model strategy** used by one of the approaches (Prevention, Harm Reduction, Intervention, OR Treatment), describing its key elements, strategies used, and cite research indicating its efficacy. (30 points)

Part B: As an *individual*, write an introduction and conclusion for the paper. The introduction and conclusion should be no more than one page. (20 points)

An outline of the paper, based on the directions above, is due 12/1/08. (10 points)

Groups:

- 1 - Marijuana: Katherine, Rebecca, Betty, Margarita
- 2 - Methamphetamine: AJ, Leanna, Jessika, Daylen
- 3 - Heroin: Lisa, Jackie, Susan, Pam
- 4 - Nicotine: Laura, Natalie, Michael, Penny
- 5 - Alcohol: Reuben, Hannah, Jenny