



Mendocino College

COURSE LEVEL STUDENT LEARNING OUTCOMES

Term Effective:

Spring	2008
Semester	Year

Title:

Lifeguard Training

(limit to 50 characters including spaces)

Course Number:

HLH-213

Initiator:

Kort Pettersen

Date Submitted:

1/15/2008

Units Min:

2.50

If this is a variable unit course, then the relationship between units and any difference in expected SLOs should be explained.

Units Max:

2.50

Lecture Hours:

1.80 to 1.80

Lab Hours:

2.20 to 2.20

Activity Hours:

0.00 to 0.00

Student Learning Outcomes: *(Enter the SLOs in an outline format. Use the Ctrl + Tab keys to indent for subtopics.)*

1. Summarize the role and responsibilities of a professional lifeguard and describe how these responsibilities are different from a citizen responder as measured by examination questions and/or report.
2. Identify the common safety hazards associated with various types of aquatic facilities and discuss the appropriate measures to eliminate or minimize these hazards as measured by examination questions and/or report.
3. Summarize the guidelines to follow to ensure personal safety and the safety of others at the emergency scene, including disease transmission prevention protocols, as measured by examination questions and/or skill demonstrations.
4. Differentiate between the behaviors of a distressed swimmer, active drowning victim, or passive drowning victim and demonstrate the appropriate techniques to provide assistance or rescue as measured by examination questions and skill demonstrations.
5. Recognize the signs and symptoms of common medical emergencies, differentiate between life-threatening and non-life-threatening, and demonstrate the appropriate first aid techniques for each as measured by examination questions and skill demonstrations.
6. Recognize the signs and symptoms of respiratory and cardiac emergencies and demonstrate adult, child, and infant CPR and rescue breathing as measured by examination questions and skill demonstrations.
7. Analyze various instructor provided emergency scenarios per the Emergency Action Plan and determine the appropriate form(s) of response, including if, when, and how to notify EMS, as measured by examination questions and skill demonstrations.

SIGNATURES / APPROVALS:

Instructor(s) _____
Signature Date

Instructor(s) _____
Signature Date